

# Right where you want to be



**McConachie  
Gardens**

RETIREMENT LIVING



# Live the life you love.

Newly built, safe, modern, environmentally friendly, McConachie Gardens is perfect for active living nestled in a vibrant community.

You'll feel right at home, just with more services and less responsibilities. Take a stroll around the beautifully landscaped gardens and walking paths. Then try out the on-site fitness centre with daily recreation programs.

Spend time with friends on the putting green outdoors or take your pet to the off-leash dog park. That's life at McConachie Gardens.





# What's in the neighbourhood?



**Bus Stop** | 0.1 km



**Coffee Shop** | 0.1 km



**Park** | 1.0 km



**Shopping** | 0.1 km



**Pharmacy** | 0.2 km



**Hospital** | 4.0 km



**Grocery Store** | 0.5 km



**Liquor Shop** | 0.3 km



# Life is great when the food is too.

From the moment your day starts,  
great food helps fuel an active life.

Our expert chefs make your meals  
from scratch daily with fresh  
ingredients that are seasonal and local.  
You'll love the variety found on the  
menu, and you'll really love the way  
great food sparks great conversation  
with family and friends.

Imagine a full-service dining room  
with your certified Red Seal Director  
of Culinary creating and offering a  
menu right under your own roof. That's  
a taste of your dining experience at  
McConachie Gardens.

Choose from three unique indoor  
and outdoor dining areas: the full-  
service dining room, café-style bistro  
or licensed pub. You can also request  
McConachie Gardens' culinary team to  
host a family dinner just for you.







# Active Living is all about choice.

Maintaining your physical, mental, and emotional health is key to retirement living. Active Living programs take a holistic approach, based on 7 core dimensions of wellness that fuel the body, mind, and soul. And while they're designed with you in mind, they're also fun and engaging activities that will bring new vigour to life and help you meet new friends in the c



**Social**



**Physical**



**Environmental**



**Community  
Engagement**



**Emotional**



**Intellectual**



**Spiritual**





# Keeping well for your wellbeing.

Our focus is on your health and wellness. That's why LiveWell™ puts you at its core.

Flexible, personalized and comprehensive, it's all about helping you feel your best now – and in the future. Talk to us about your health goals and see how a customized plan can work for you. Best of all, you only pay for the services included in your plan.

Through daily engagement, families will have trust, confidence and peace of mind knowing that we are here to provide support and personal assistance.



# Living that feels like home.

There's so much to see and do. We're excited to show you how McConachie Gardens can complement your lifestyle.

With a people-centric approach, attention to detail and quality services and amenities, you and your family will find a lot to like. It's your new home to help you live your best life every day.

Independent supportive living offers studio, 1 and 2-bedroom suites with private patios, large windows and high ceilings.

You can also choose private SL4 Assisted Living and Reflections™ Memory Care floors with bright and spacious studio suites. Ask about our short-term and respite stays.





# What does McConachie Gardens cost?

Well, imagine your rent or mortgage, meals, phone, heat, internet, cleaning and social activities bundled together. Now imagine culinary delights, movie nights, specials events catered to your interests, and friends all under the same roof.

These are the joys and conveniences of living at a McConachie Gardens.

**Call us today to check availability and the latest rates. We can't wait to welcome you.**

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