## Right where you want to be



**Green Falls Landing** 

RETIREMENT LIVING



# Live the life you love.

With its campus-style retirement look, set on seven acres in suburban Regina, Green Falls Landing is perfect for active living nestled in a vibrant community.

You'll feel right at home, just with more services and less responsibilities. Wherever you find yourself – whether strolling the greenspace or enjoying a laugh in the pub – it's a feeling of fun, friendship and relaxation.

Here, you're not a resident, you're part of a family. There's always something to do. Relax in our outdoor patio, enjoy a vegetable from our raised garden or refine your short game on the putting green. That's life at Green Falls Landing.



### What's in the neighbourhood?



Bus Stop | 0.0 km



**Shopping Mall** | 3.7 km



**Bank** | 0.5km



Grocery Store | 0.2 km



Gas Station | 0.1 km



Pharmacy | 0.0 km



**Liquor Shop** | 0.2 km



Hospital | 6.6 km







## Life is great when the food is too.

From the moment your day starts, great food helps fuel an active life.

Our expert chefs make your meals from scratch daily with fresh ingredients that are seasonal and local. You'll love the variety found on the menu, and you'll really love the way great food sparks great conversation with family and friends.

Imagine a full-service dining room with your certified Red Seal Director of Culinary creating and offering a menu right under your own roof.

Satisfy your cravings with freshly prepared, delicious food in our restaurant–style dining room with a variety of meals and à la carte selections. For something more casual, sample the fare at the licensed pub with fireside lounge.



### Active Living is all about choice.

Maintaining your physical, mental, and emotional health is key to retirement living. Active Living programs take a holistic approach, based on 7 core dimensions of wellness that fuel the body, mind, and soul. And while they're designed with you in mind, they're also fun and engaging activities that will bring new vigour to life and help you meet new friends in the community.



Social



**Physical** 



**Environmental** 



Community Engagement



**Emotional** 



Intellectual



**Spiritual** 





### Keeping well for your wellbeing.

Our focus is on your health and wellness. Whether you are seeking independent living or needing a little assistance, you'll receive personalized care that lets you age in place in our Supportive Independent Living, Assisted Living or Reflections™ Memory Care suites.



# Living that feels like home.

With a people-centric approach, attention to detail and quality services and amenities, you and your family will find a lot to like at Green Falls Landing. It's your new home to help you live your best life every day.

Furnish your space in your own, personal style. Choose from spacious studio, 1 and 2-bedroom suites to find the size and layout that works best for you.

Select your lifestyle suite, including Seniors'
Apartments, Independent Supportive Living,
Assisted Living and Reflections<sup>TM</sup> Memory Care.
Pet lover? We love our furry friends too. Take your dog for a walk in our private off-leash dog park.



#### What does Green Falls Landing cost?

Well, imagine your rent or mortgage, meals, phone, heat, internet, cleaning and your social activities bundled together. Now imagine culinary delights, movie nights, special events catered to your interests and friends all under the same roof.

These are the joys and conveniences of living at Green Falls Landing.

Call us today to check availability and the latest rates. We can't wait to welcome you.

Green Falls Landing

RETIREMENT LIVING

3850 Green Falls Dr, Regina 306–559–5657 cogirseniorliving.ca

