

Sample Lunch Menu

STARTER

Tomato Basil Soup
with Orzo Pasta

OR

Havana Black Bean and Corn Salad

ENTRÉE

Beef and Broccoli Stir Fry
Served on a bed of steamed Basmati Rice

DESSERT

Carrot Spice Cake with Cream Cheese Frosting

À LA CARTE MENU

All À la Carte Entrees served with choice of sides if applicable

SOUP

Butternut Squash and Apple Curry Soup
Served with daily sides

SANDWICH BOARD

Egg Salad Sandwich on a Croissant

Montreal Smoked Meat on Marble Rye

Roast Turkey, Havarti Cheese, Tomato on Multigrain Roll

Honey Ham and Brie Cheese, Arugula on a Bagel

Chicken Salad on Cranberry Focaccia

SHOWCASE SALAD

Baby Spinach, Fresh Strawberries, Toasted Almonds,
Cranberries, Feta
with Raspberry Vinaigrette

Sample Dinner Menu

STARTER

Cream of Potato and Leek Soup

OR

Asian Noodle Salad

ENTRÉE

Pretzel Crusted Chicken Breast
served with Mushroom Tarragon Cream Sauce

Lyonnaise Potatoes OR Mashed Potatoes

Green Beans Almondine and Honey Glazed Carrots

DESSERT

Cinnamon Baked Apple
Accompanied by Vanilla Ice Cream and Caramel Sauce

À LA CARTE MENU

SOUP

Butternut Squash and Apple Curry Soup
Drizzled with Maple Cream Fraiche

SHOWCASE SALAD

Mandarin Chicken Salad
*Grilled Chicken, Artisan Romaine, Mandarin Orange, Green Onion,
tossed with a toasted sesame dressing*

À LA CARTE ENTRÉE

All À la Carte Entrees served with choice of sides if applicable

Shrimp Ravioli with Saffron Cream Sauce

Pierogies Smothered in Sauteed Onions and Bacon

Chef's Cobb Salad, Chicken, Avocado, Bacon, Tomato, Egg

BBQ Manhattan Steak served with Mushroom Demi

Beer Battered Fish and Chips, Tartar Sauce and Lemon Wedge