

Right where you
want to be



The
Beechwood
RETIREMENT LIVING



Live the life you love.

Set in mature Rockwood Village, The Beechwood is perfect for active living nestled in a vibrant community.

You'll feel right at home, just with more services and less responsibilities. Stroll our colourful outdoor gardens and courtyard, then head over to Beechwood Park, just steps away.

Find a cozy nook in our library and fireside lounge or relax on the patios. Take in some lively entertainment in our social areas or refresh mind and body in the wellness and fitness centre. This is life at The Beechwood.



What's in the neighbourhood?



Bus Stop | 0.1 km



Coffee Shop | 0.5 km



Library | 1.0 km



Grocery Store | 0.6 km



Park | 0.4 km



Pharmacy | 0.6 km



Gas Station | 0.9 km



Hospital | 8.0 km



Life is great when the food is too.

From the moment your day starts, great food helps fuel an active life.

Our expert chefs make your meals from scratch daily with fresh ingredients that are seasonal and local. You'll love the variety found on the menu, and you'll really love the way great food sparks great conversation with family and friends.

Imagine a full-service dining room with your certified Red Seal Director of Culinary creating and offering a menu right under your own roof. That's a taste of your dining experience at The Beechwood. You can also cook up your own creations in our hobby and in-suite kitchens.





Active Living is all about choice.

Maintaining your physical, mental, and emotional health is key to retirement living. Active Living programs take a holistic approach, based on 7 core dimensions of wellness that fuel the body, mind, and soul. And while they're designed with you in mind, they're also fun and engaging activities that will bring new vigour to life and help you meet new friends in the community.

Take a new course to support your love of learning, join an exercise class to support your health goals, or fill your social calendar with one of our many programs.



Social



Physical



Environmental



**Community
Engagement**



Emotional



Intellectual



Spiritual



Keeping well for your wellbeing.

Our focus is on your health and wellness. That's why LiveWell™ puts you at its core.

Flexible, personalized and comprehensive, it's all about helping you feel your best now – and in the future. Talk to us about your health goals and see how a customized plan can work for you. Best of all, you only pay for the services included in your plan.

Receive tailored, personalized care that provides you the option to age-in-place. Ask us about assisted living services and options for daily care.



Living that feels like home.

There's so much to see and do. We're excited to show you how The Beechwood can complement your lifestyle.

With a people-centric approach, attention to detail and quality services and amenities, you and your family will find a lot to like. It's your new home to help you live your best life every day.

Select from studio, 1 and 2-bedroom seniors' apartments, with full kitchens and other condo-like features and options. Short-term, guest and respite stays available. Pet lover? Furry friends are welcome too.



What does The Beechwood cost?

Well, imagine your rent or mortgage, meals, phone, heat, internet, cleaning and social activities bundled together. Now imagine culinary delights, movie nights, specials events catered to your interests, and friends all under the same roof.

These are the joys and conveniences of living at The Beechwood.

Call us today to check availability and the latest rates. We can't wait to welcome you.

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