

# Right where you want to be



**Trafalgar Lodge**  
RETIREMENT LIVING





# Live the life you love.

Located in the heart of old Oakville, Trafalgar Lodge offers the amenities you're looking for in a comfortable, secure setting close to downtown Oakville's lakeside attractions.

Step into this quaint, intimate two-story residence which combines comfort and distinguished elegance that welcomes both residents and visitors into a warm, dependable community.

Your life here includes vibrant social activities, healthy living and cultural diversity with a community that takes time to socialize, collaborate and celebrate together.

Whether it's a morning tai chi, afternoon entertainment or games night, they're a great way to engage with the community while staying fit and active.





# What's in the neighbourhood?



**Bus Stop** | 0.1 km



**Coffee Shop** | 0.1 km



**Bank** | 0.3 km



**Grocery Store** | 0.2 km



**Park** | 0.1 km



**Library** | 0.6 km

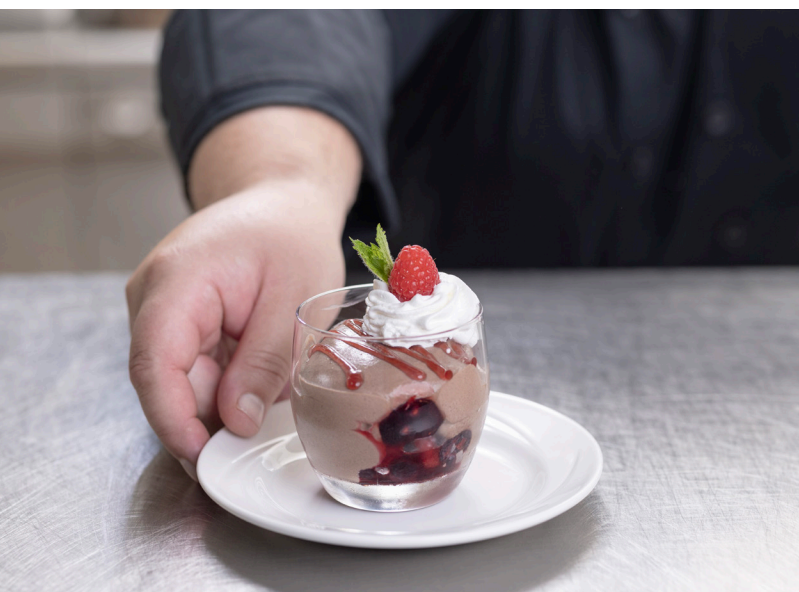


**Gas Station** | 1.5 km



**Hospital** | 7.0 km





# Life is great when the food is too.

Made from scratch daily with fresh ingredients, every meal at Trafalgar Lodge is served the old-fashioned way: with a smile.

Prepared by expert chefs with seasonal, locally inspired menus, they're perfect for sharing with friends and family. Good food, good conversation: that's the spice of life.

Savour fresh and delicious, chef-made fare in the full-service dining room. For a more intimate dinner, choose the private dining area for gatherings with family, friends or that special someone.





# Active Living is all about choice.

Activities aren't just for fun: they also provide physical, mental, and emotional benefits.

That's why our Active Living programs take a holistic approach that focuses on 7 core dimensions of wellness that fuel the body, mind, and soul.

Whether it's a morning tai chi, afternoon entertainment or games night, they're a great way to engage with the community while staying fit and active.



**Social**



**Physical**



**Environmental**



**Community  
Engagement**



**Emotional**



**Intellectual**



**Spiritual**





# Keeping well for your wellbeing.

Health and wellness are a key part of living at any age. And no one knows your needs better than you do.

That's why we listen and partner with you to create your personalized health and wellness plan. It's called the LiveWell™ plan, and it puts you first. That extends to pricing, too: you only pay for the services you use.

With LiveWell™ you enjoy personalized care that supports your independence. Through daily engagement, families will have trust, confidence and peace of mind in the resident-centred care approach that our long tenured staff provides.

Independent Supportive Living includes options and services for help with daily care.





# Living that feels like home.

We're excited to show you how Trafalgar Lodge can be an extension of your lifestyle.

Attention to detail, and commitment to service and convenient amenities, are all designed to make you feel right at home.

When it comes to Trafalgar Lodge accommodations, you have a variety of choice. Select from spacious and bright studio or 1-bedroom suites, most with kitchenettes, along with customized services to fit your needs and preferences.

Ask us about our short-term and respite stays. Pet lover? Furry friends are welcome too.





# What does Trafalgar Lodge cost?

Well, imagine your rent or mortgage, meals, phone, heat, internet, cleaning and social activities bundled together. Now imagine culinary delights, movie nights, special events catered to your interests, and friends all under the same roof.

These are the joys and conveniences of living at Trafalgar Lodge.

**Call us today to check availability and the latest rates. We can't wait to welcome you.**

**Trafalgar Lodge**  
RETIREMENT LIVING

299 Randall St, Oakville  
905-842-8408  
**[cogirseniorliving.ca](http://cogirseniorliving.ca)**

BY  
**cogir**