## Right where you want to be



Bradgate Arms



# Live the life you love.

Where classic style meets a warm, welcoming atmosphere in one of Toronto's most desirable neighbourhoods, Bradgate Arms will charm you and your family.

Step into this boutique-hotel style residence with the convenience of a concierge and town-car services to get you around town.

You'll have access to highly skilled nursing staff, culinary and dietary experts, and a passionate director of recreation. Experience warm, exceptional service with respect to your unique needs and desires. Bradgate Arms is a retirement residence in a calibre of its own. This is life at Bradgate Arms.



### What's in the neighbourhood?



Bus Stop | 0.9 km



Coffee Shop | 0.1 km



**Shopping Mall** | 1.5 km



**Bank** | 0.6 km



**Park** | 0.8 km



Grocery Store | 0.1 km



Pharmacy | 0.6 km



Hospital | 2.0 km







## Life is great when the food is too.

When it comes to dining, our expert chefs prepare to meet the standards of discerning palates.

Each individual dish is made from scratch, featuring fresh, locally sourced ingredients: simple delicious cuisine, prepared with creativity and care. With a host of dining venues to select from, plus rotating, seasonally-inspired menus, you'll always have new culinary experiences to look forward to.

Ready for the best part of your day? Step into our full-service Avenues Restaurant with a menu filled with selections curated by a certified Red Seal Director of Culinary. Or you can enjoy room service delivered right to your door.



#### Active Living is all about choice.

You've earned your retirement. Yet you also want to keep fit, improve your mental and emotional well-being, and improve your energy.

Activities for all pastimes and interests are of your choosing here with a full lineup of events such as art classes, music club, afternoon tea, game nights, movies and documentaries, Zumba classes and so much more. The decision is all yours.

Our Active Living programs are designed using a holistic approach that identifies 7 core dimensions of wellness. The result is a program, tailored to your tastes and needs, that engages your body, mind, and soul.



Social



**Physical** 



**Environmental** 



Community Engagement



**Emotional** 



Intellectual



Spiritual





### Keeping well for your wellbeing.

While you will no doubt appreciate the fine touches and amenities, living well is about more than that.

It's about finding and appreciating balance through a personalized, flexible wellness plan from our dedicated staff.

We call it LiveWell™. It's a program developed by experts to help you identify and achieve your health and wellness goals in the short and long-term. You can live independently, plus age in place and in comfort.

From nutritional care to support with daily routines and medication administration, plus 24-hour nursing assistance, you can choose from a full complement of LiveWell™ services.



# Living that feels like home.

There is no shortage of beautifully appointed living spaces to select from at Bradgate Arms. Plus, personalized care options allow you to age in place in an elegant, comfortable space.

Choose from spacious, luxurious studios, one-bedroom and two-bedroom suites with a variety of styles and floor plans that meet the most impeccable tastes.

All come with select options and features thoughtfully designed including historical suites, with fireplaces and original wood.

Pet owner? Dogs and cats are also welcome. The cuter, the better.



### What does Bradgate Arms cost?

Well, imagine your rent or mortgage, meals, phone, heat, internet, cleaning and your social activities bundled together. Now imagine culinary delights, movie nights, special events catered to your interests and friends all under the same roof.

These are the joys and conveniences of living at Bradgate Arms.

Call us today to check availability and the latest rates. We can't wait to welcome you.

Bradgate Arms

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