

THE LIGHTHOUSE

Christmas Kindness Wish List 2026

How to get involved

The Plan

At Christmas, we aim to give every adult guest who comes to The Lighthouse a thoughtful gift of their own, a 'Bag of Joy'. For many, it will be the only present they receive. Rather than filling bags with miscellaneous items, we envisage each Bag of Joy to feel intentional, generous, and personal – with something to enjoy, something comforting, something to nurture, something a little luxurious, something personal and a reminder that they remain part of our community beyond Christmas.

What to include

Gift element	Example	Guide cost
Something to enjoy	A lovely tin of biscuits or good-quality chocolates. M&S do lovely light up biscuit tins in the shape of a house. Lindt ball chocolates work well, we usually separate them and put them into little bags.	£5-7
Something comforting	Fluffy or luxury socks for Women, fluffy or luxury socks for Men	£3-£5
Something to nurture	Something to nurture – an Amaryllis Growing Kit A complete kit with everything needed to grow an amaryllis at home. We'll be giving these to guests and our Lighthouse team too, creating something we can all grow together. In the New Year, we'll share photos and compare how they've grown and flowered — a simple way of creating conversation, connection and something lovely to look forward to.	£5-£7 (we will approach a wholesaler and ask whether we can get a discount for a bulk order across all our Lighthouses)
Something useful but luxurious	A good quality, lovely smelling hand wash, soap or shower product (something luxurious not a basic one)	£4-£6
Something personal which shows kindness and encouragement	A handwritten Christmas card from a Corporate Group or Volunteer (this will be a supervised writing session)	Minimal
Something to look forward to	A small invitation/card connecting guests with something at The Lighthouse in the New Year	Minimal

Indicative cost per complete bag: approximately £17-£25, depending on products sourced and donated items.

Working budget for 150 bags: around £19 per bag / £2,850 total (with an overall indicative range of £2,550–£3,750).

How a corporate team could help

- Fund all or part of the 150 Bags of Joy.
- Purchase one or more categories of gift – for example, 150 growing kits, 150 pairs of fluffy socks or 150 tins/boxes of chocolates.
- Source suitable products through company suppliers, contacts or donated stock.
- Join us at The Lighthouse to pack the bags, or hold a packing session at your own workplace.
- Join us at The Lighthouse for a writing party to produce handwritten Christmas cards or messages to make each bag feel personal.

A few principles

The bags need to feel like a Christmas gift rather than an emergency or hygiene parcel. Items should therefore be new, good quality, suitable for adults of any gender where possible, and chosen with dignity and care. We would rather include a smaller number of lovely, useful things than fill the bag for the sake of it.

For the growing gift: we are looking for something genuinely easy to grow indoors, ideally supplied as a complete kit so the recipient does not need to buy a pot or compost. We would agree the final choice with the corporate team before purchase, as we are looking to get this wholesale if we order by bulk.

Our aim: adults each receiving a Bag of Joy that says: you are seen, you are valued, and you are part of this community.

An additional Christmas opportunity – gifts for children (estimated cost £500)

Alongside our Bags of Joy, we would also love to provide Christmas presents for children of families that come to The Lighthouse. Games/puzzles/lego boxes for a range of ages.

This could be supported alongside the Bags of Joy project, or as a separate Christmas giving opportunity for a team or group who would particularly like to support these women.