

THE LIGHTHOUSE



CHAT & SUPPORT

Drop in for a cup of tea & chat with the team



JIGSAW STOREHOUSE

Free pre-loved clothing, items & equipment for children under 11



JIGSAW HUB

Connecting with families through our play sessions and parenting courses



FOODBANK

Providing emergency food for local people in crisis



UKRAINIAN HUB

Supporting Ukrainian Refugees through local partnership



PRAYER CAFE

Chat over a cup of tea or coffee & receive prayer



HAIRCUTS

Free haircuts every other Monday



MONEY ADVICE

Budgeting & debt advice that's open to all



COACHING FOR EMPLOYMENT

Free 1:1 coaching, support with CVs, & interview prep



THE COSY

Our social enterprise cafe, serving artisan tea, coffee & eats



POWER OF POSITIVITY

Helping each other to stay positive



COMMUNITY LUNCH

A free lunch and friendly conversation. Open to all



CREATIVE COLLECTIVE

Exploring creativity & art together



BAKING TABLE

A safe place for women to learn to bake together



NURTURE

Wellbeing, self-care & friendship for women



THRIVE

Exploring ways to get the very best out of every aspect of life



FOODWISE

Learning to cook healthy meals on a budget



TASTE & SEE

Wherever you are spiritually, join us in prayer



HYGIENE BANK

Providing essential toiletries & personal items



STYLE STUDIO

Second hand, quality clothing for confidence for men & women

Monday

BASEMENT	JIGSAW STOREHOUSE	10.30am - 12.30pm
GROUND FLOOR	FOODBANK & SIGNPOSTING	10.30am - 12.30pm
	CHAT & SUPPORT	
	CREATIVE COLLECTIVE	
	HAIRCUTS (every other week)	
	PRAYER CAFE	
	COACHING FOR EMPLOYMENT	
	HYGIENE BANK (every other week)	10.30am - 12.15pm
	FOODWISE	11.15am - 12.30pm
UPSTAIRS	STYLE STUDIO	10.30am - 12.30pm
	THE COSY	9.30am - 2.30pm
NO.11	JIGSAW HUB	9.30am - 12.30pm (2 sessions)

Tuesday

GROUND FLOOR	UKRAINIAN HUB	10.30am - 2.30pm
UPSTAIRS	THE COSY	9.30am - 2.30pm
NO.11	UKRAINIAN TODDLERS & MUMS' GROUP	10.30am - 12.00pm

Wednesday

BASEMENT	JIGSAW STOREHOUSE	10.30am - 12.30pm
GROUND FLOOR	FOODBANK & SIGNPOSTING	10.30am - 12.30pm
	CHAT & SUPPORT	
	PRAYER CAFE	
	HYGIENE BANK	10.30am - 12.15pm
	COMMUNITY LUNCH	11.30am - 12.30pm
UPSTAIRS	STYLE STUDIO	10.30am - 12.30pm
	THRIVE	10.30am - 11.30am
	THE COSY	9.30am - 2.30pm
NO.11	BABY BUBBLE	10.30am - 12.00pm

Thursday

BASEMENT	JIGSAW STOREHOUSE	10.30am - 12.30pm
GROUND FLOOR	BAKING TABLE	9.30am - 11.30am
	FOODBANK & SIGNPOSTING	10.30am - 12.30pm
	CHAT & SUPPORT	
	PRAYER CAFE	
	MONEY ADVICE 1:1s	10.30am - 12.15pm
	P.O.P. GROUP	11.00am - 11.30am
	TASTE & SEE	12.00pm - 12.20pm
UPSTAIRS	STYLE STUDIO	10.30am - 12.30pm
	NURTURE	10.30am - 12.00pm
	THE COSY	9.30am - 2.30pm
NO.11	JIGSAW HUB	9.30am - 12.30pm (2 sessions)