

## Weekly au pair schedule



|                    | Monday:<br>_____ | Tuesday:<br>_____ | Wednesday:<br>_____ | Thursday:<br>_____ | Friday:<br>_____ | Saturday:<br>_____ | Sunday:<br>_____ |
|--------------------|------------------|-------------------|---------------------|--------------------|------------------|--------------------|------------------|
| 6am                |                  |                   |                     |                    |                  |                    |                  |
| 7am                |                  |                   |                     |                    |                  |                    |                  |
| 8am                |                  |                   |                     |                    |                  |                    |                  |
| 9am                |                  |                   |                     |                    |                  |                    |                  |
| 10am               |                  |                   |                     |                    |                  |                    |                  |
| 11am               |                  |                   |                     |                    |                  |                    |                  |
| 12pm               |                  |                   |                     |                    |                  |                    |                  |
| 1pm                |                  |                   |                     |                    |                  |                    |                  |
| 2pm                |                  |                   |                     |                    |                  |                    |                  |
| 3pm                |                  |                   |                     |                    |                  |                    |                  |
| 4pm                |                  |                   |                     |                    |                  |                    |                  |
| 5pm                |                  |                   |                     |                    |                  |                    |                  |
| 6pm                |                  |                   |                     |                    |                  |                    |                  |
| 7pm                |                  |                   |                     |                    |                  |                    |                  |
| 8pm                |                  |                   |                     |                    |                  |                    |                  |
| Total hrs used/day |                  |                   |                     |                    |                  |                    |                  |
| Total hrs used/wk: |                  |                   |                     |                    |                  |                    |                  |

**This week's work hour limit confirmation:** au pair's work hours have not exceeded 10 hours per day and 45 hours per week\*

Host parent signature

Date

Au pair signature

Date

**This week's stipend payment confirmation:** au pair has received their weekly stipend\*

Host parent signature

Date

Au pair signature

Date

\*The U.S. Department of State requires that au pairs must receive a weekly stipend from their host family. The minimum amount required per week is \$195.75. Host families and au pairs are free to discuss and agree to compensation higher than the required stipend minimum; however, this cannot be in exchange for the au pair exceeding the regulatory limits on working hours (10 hours per day; 45 hours per week) or performing duties beyond childcare-related tasks. This minimum stipend amount is subject to increase in the event of statutory or regulatory changes, including any increases in the federal minimum wage. Families living in Massachusetts will need to meet additional requirements and pay their au pair consistent with Massachusetts labor laws. For more information, please visit [culturalcare.com/massachusetts-pricing](https://culturalcare.com/massachusetts-pricing)