

Lisbon, August 2025

## BACK TO SCHOOL IN PORTUGAL: DAYCARE SPOTS COVER ONLY HALF OF FAMILIES [1].

### **Baby Sisters is setting up services to help families deal with the pressure while they wait for spots in daycare and preschool.**

With the start of the school year scheduled for September 15, Baby Sisters Portugal reinforces its commitment to supporting Portuguese families and ensuring a smooth return to school.

Currently, children covered by the "Creche Feliz" program represent just over half of the approximately 250,000 children entitled to daycare in Portugal. [1]

Despite the announcement of the creation of 5,500 new places in nurseries for 2025/26, there are still significant waiting lists, especially in urban areas such as Lisbon, with nurseries reporting more than 200 children waiting for a place [2][3].

In this context, **Baby Sisters Portugal emerges as the solution to relieve pressure on families**, as attested by the more than **6,000 families who already use its services**. With a national network of more than 700 babysitters certified in childcare, the company provides services tailored to the real needs of parents. These include Occasional, Regular, and Permanent Babysitting to **reconcile the return to school with work schedules**, ensure school support, and recreational activities.

*"We ease the pressure on parents by offering flexible and reliable support, ensuring well-being and peace of mind for families," says Margarida Menezes, CEO of Baby Sisters Portugal.*

This offer is available to families 24/7 at [www.babysisters.pt](http://www.babysisters.pt). It is a **complementary response to the current national challenge of access to daycare centers**, offering safety and quality in childcare.

[1] Ministry of Labor, Solidarity, and Social Security (MTSSS), official communication on the "Creche Feliz" program and statistics for 2025.

[2]. Reports from the Recovery and Resilience Program (PRR), data on completed, under construction, and planned vacancies for 2025/26.

[3]. Official reports and journalistic investigation citing the Ministry of Labor and PRR, published by CNN Portugal in July 2025.

**For press inquiries, interviews, or information about services, please contact:**  
Margarida Menezes, Executive Director | M +351 918 716 084 | [margarida@babysisters.pt](mailto:margarida@babysisters.pt)