



**A LEVEL PROGRAMME  
SAMPLE SCHEDULE  
BIO-MEDICAL SCIENCES PATHWAY**

	Mon	Tue	Wed	Thu	Fri
<b>07:00</b>	Wake-up - get showered, changed and ready for the day ahead!				
<b>07:30</b>					
<b>08:00</b>					
<b>08:30</b>	Tutor time	School assembly	Tutor time	Tutor time	Breakfast
<b>Period 1</b> 09:00-10:00	Study Period	Pathways support	Biology	AAA	EPQ
<b>Period 2</b> 10:00-11:00		IELTS		Chemistry	
<b>11:00 - 11:15</b>	Morning break				
<b>Period 3</b> 11:15-12:15	Biology	Study Period	Psychology	Chemistry	Chemistry
<b>12:15 - 13:15</b>	Lunch time				
<b>Period 4</b> 13:15-14:15	Maths	Biology	IELTS	Psychology	Study Period
<b>Period 5</b> 14:15-15:15	Chemistry	Maths	Chemistry	Biology	Psychology
<b>15:15 - 15:30</b>	Afternoon break				
<b>Period 6</b> 15:30-16:30	Psychology	Psychology	Maths	Study Period	Biology
<b>16:30</b>	Basketball	Football	Cooking Club	Hip Hop Dance	Play pool with friends in lounge
<b>17:00</b>					
<b>17:30</b>	Dinner Time				
<b>18:00</b>					
<b>18:30</b>					
<b>19:00</b>					
<b>19:30</b>					
<b>20:00</b>	Campus snacks and relax in Student Lounge				
<b>20:30</b>					
<b>21:00</b>					
<b>21:30</b>	Get ready for bed!				
<b>22:00</b>	Curfew				Get ready for bed!
<b>22:30</b>	Zzzz SLEEP Zzzz				
<b>23:00</b>					Curfew

*This is an example of a typical schedule for an A Level student.*



# EF ACADEMY

International  
Boarding Schools

## IB DIPLOMA PROGRAMME SAMPLE SCHEDULE INTERNATIONAL RELATIONS PATHWAY

	Mon	Tue	Wed	Thu	Fri
<b>07:00</b>	Wake-up - get showered, changed and ready for the day ahead!				
<b>07:30</b>					
<b>08:00</b>	Breakfast				
<b>08:30</b>	Tutor time	School assembly	Tutor time	Tutor time	Breakfast
<b>Period 1</b> 09:00-10:00	Global Politics	Pathways support	English A	IB core	History
<b>Period 2</b> 10:00-11:00		ESS		Theory of Knowledge	Study Period
<b>11:00 - 11:15</b>	Morning break				
<b>Period 3</b> 11:15-12:15	French Abinitio	Global Politics	History	ESS	Global Politics
<b>12:15 - 13:15</b>	Lunch time				
<b>Period 4</b> 13:15-14:15	English A	English A	Global politics	History	English A
<b>Period 5</b> 14:15-15:15	Maths	ESS	Study period	English A	Maths
<b>15:15 - 15:30</b>	Afternoon break				
<b>Period 6</b> 15:30-16:30	History	History	French Abinitio	Global Politics	Study period
<b>16:30</b>	MUN Club	Football	Book Club	Art Club	Jam in the music room with friends
<b>17:00</b>					
<b>17:30</b>	Dinner Time				
<b>18:00</b>					
<b>18:30</b>	Student Study Time				
<b>19:00</b>					
<b>19:30</b>					
<b>20:00</b>	Campus snacks and relax in Student Lounge				
<b>20:30</b>					
<b>21:00</b>					
<b>21:30</b>	Get ready for bed!				
<b>22:00</b>	Curfew				Get ready for bed!
<b>22:30</b>	Zzzz SLEEP Zzzz				
<b>23:00</b>					

*This is an example of a typical schedule for an IB Diploma student.*