

EVE VINCENT

PERSONAL DETAILS

Name
Eve Vincent

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London, UK

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Driving licence
B

SKILLS

- Medication management
- Health and safety protocols
- Mobility assistance
- First Aid and CPR
- Safety transfer techniques
- Staff training
- Meal preparation
- Recordkeeping
- Care plan development

EDUCATION

- NVQ Level 3 in Health and Social Care, Nottingham College, UK, 2021
- Basic First Aid, British Red Cross, 2019
- Level 2 Certificate in Health and Social Care, Northern Council for Further Education, 2018

Certified caregiver with 5 years of experience providing holistic care to patients with diverse needs. Adept at fostering a safe and nurturing environment that fosters independence, dignity, and overall well-being. Proven track record of washing, dressing, food preparation, medication administration, hospital visits, and activities. Seeking to leverage leadership and empathy skills to contribute to delivering the highest quality of care possible.

WORK EXPERIENCE

Senior Caregiver 2022 - Present
St. Mary's Nursing Home, Nottingham, UK

Assisted residents with activities of daily living (ADLs) like bathing, dressing, toileting, and ambulation. Administered medications as prescribed, documented vital signs, and reported any changes in health status to nurses and physicians. Engaged residents in meaningful activities and conversations, provided companionship, and fostered a sense of belonging within the community.

- Reduce patient falls by 15% within six months through enhanced monitoring and preventive measures.
- Successfully implemented a tailored care plan for a resident with dementia, improving their well-being and leading to a 25% increase in participation in social activities.
- Received consistent positive feedback from residents and families regarding the quality of care and emotional support provided.

Caregiver Assistant 2018 - 2022
Alina Homecare, London, UK

Provided support with ADLs like meal preparation, housekeeping, and laundry. Transported residents to appointments and assisted with activities. Assisted with transportation and monitored safety hazards, reporting any concerns to senior caregivers. Provided companionship, emotional support, engaged in group activities to create a positive and engaging environment.

- Successfully completed a training program on safe handling techniques, ensuring zero injuries related to transfers while maintaining a safe environment for patients.
- Enhance resident engagement in activities by 20% within six months by implementing diverse and stimulating programs tailored to residents' preferences.
- Promoted from a trainee to Caregiver Assistant within one year for reliability, pro-activeness, and strict adherence to guidelines.

REFERENCES

References available upon request

ADDITIONAL
EXPERIENCE

Caregiver Volunteer, Lee Mount Care
Home, 2017