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Application: Musculoskeletal Physiotherapist position at Whittington Hospital NHS Trust

Dear Hiring Manager,

I am writing to express my interest in the Musculoskeletal Physiotherapist position at Whittington Hospital NHS Trust. With over 5 years of experience in musculoskeletal physiotherapy, specialising in sports rehabilitation, I am passionate about helping patients achieve their full functional potential through tailored, evidence-based treatment. My background in both clinical and educational roles has equipped me with the expertise to support patients while mentoring colleagues and promoting a culture of continuous professional development.

In my current role as Senior Musculoskeletal Physiotherapist at London Sports Clinic, I lead a team of physiotherapists providing care to professional athletes and individuals with sports-related injuries. I have developed and implemented over 100 personalised exercise programmes, significantly enhancing patients' strength, flexibility, and overall performance. Additionally, I have organised educational workshops for athletes and staff, improving injury prevention knowledge and resulting in a measurable reduction in sports-related injuries. My approach combines advanced manual therapy techniques, including joint mobilisation and soft tissue release, with patient-centred guidance to empower individuals to manage and prevent injuries effectively.

Previously, as a Junior Physiotherapist at City Health Centre in Birmingham, I worked with a diverse patient population, implementing rehabilitation programmes for neurological and musculoskeletal conditions. I am proud of my work in educating over 100 patients on personalised home exercise routines, which led to a 25% decrease in clinic visits and improved patient outcomes. These experiences have strengthened my ability to assess complex cases, develop effective treatment plans, and communicate clearly with patients, families, and multidisciplinary teams.

I am particularly drawn to Whittington Hospital NHS Trust because of your commitment to innovative rehabilitation programmes and holistic patient care. I am eager to bring my clinical expertise, leadership skills, and passion for patient-centred therapy to your team, contributing to improved patient outcomes and fostering a collaborative environment for colleagues.

Thank you for considering my application. I would welcome the opportunity to discuss how my experience and approach to physiotherapy can benefit your patients and your team.

Sincerely, Emily Mitchell