



Curriculum Vitae

PERSONLIGE OPLYSNINGER

Navn **Isabella Rosendahl**

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PERSONLIG PROFIL

Registreret diætist (Ph.d.) med solid forskningsbaggrund, erfaring fra industrien og undervisningserfaring. Jeg er interesseret i at kombinere undervisning og forskning med fokus på offentlig formidling inden for ernæring og STEM. Jeg har dokumenteret evne til at omsætte ernæringsforskning til praktiske anvendelser og arbejder for at fremme en helhedsorienteret forståelse af ernæring, der integrerer videnskabelig viden med konkrete løsninger for sundhed og trivsel.

ERHVERVSERFARING

2021 - Nuværende **Undervisningsassistent**

DTU, Lyngby

Understøtte undervisere gennem lektioner, yde individuel støtte til studerende, håndtere klasseværelseadfærd, rette opgaver, supervisere aktiviteter og samarbejde med kollegaer. Vejlede studerendes specialprojekter, assistere med programudvikling og bedømmelse af studerende samt undervise på bacheloruddannelserne i ernæring, ernæringslære og folkesundhed.

- Hjulpet studerende med at forstå komplekse ernæringskoncepter, gennemføre research og anvende deres viden praktisk.
- Skabt engagerende og interaktive læringsmiljøer gennem udvikling og levering af informative ernæringslektioner og workshops.

UDDANNELSE

2020 - 2023 **Ph.d. i Ernæring og Fødevarevidenskab**

DTU, Lyngby

- NHS/LJMU finansieret research: 'The role of parents and schools in the dietary choices of children aged 10-14' (resumé i bilag 1). Fællesvejledere: Professor Alison LaMotte, Department of Food and Nutrition, LJMU og Dr Henling Strauss, Professor i Pediatrik, Rigshospitalet.

2017 - 2020 **Ernæring og Sundhed (Nutrition and Health)**

Københavns Universitet (KU), København

- Væsentlige kurser: Ernæring og befolkningshelse, trends indenfor fødevareforskning, ernæring, metabolisme og sygdom
- Speciale: 'Food Flavours - Physical and Psychological Effects on Children' gennemført som del af Nutrition Society Summer Studentship.

YDERLIGERE ERFARING

Sommerskolelektor, København Universitet, 2021

Gæsteunderviser, BSc Nutrition and Food Science, DTU, 2020

FÆRDIGHEDER

Ernæringsforskning og analyse

Kvalitetskontrol

Ernæringsvurdering

Ernæringsundervisning

Klinisk dataanalyse

Terapeutisk måltidsplanlægning

Forskningsmetodologi

Medicinsk ernæringsterapi (MNT)

Folkesundhed

Fødevarer sikkerhed og hygiejne

KONFERENCER & PRÆSENTATIONER

- Faglige konferencer som Børne- og ungdoms ernæringskonferencer eller ernæring i skole og dagstilbud
 - Big Bang 2022 Professional talk om STEM Ambassadors.
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LEGATER, STIPENDIER & PRISER

Nutrition Society Summer Studentship 2019., Nutrition Society Student Award 2020 for BSc final-year dissertation.

PROFESSIONELLE TILKNYTNINGER

Registreret Associate Nutritionist (ANutr), på vej mod Registered Nutritionist (RNutr).

Nutrition Society Studiemedlem af Student Council.

SPROG

Dansk C2

Engelsk C1

Tysk A2

Fransk A2

AKADEMISKE PUBLIKATIONER

- Isabella Bennett, Walker D, Turner S, 'The Impact of Cooking Skills Programs on Children's Dietary Choices' (2023) *International Journal of Food Sciences and Nutrition* 18:543-549.
- Mitchell P, Turner B, Isabella Bennett, 'Examining the Impact of Social Media on Teenagers' Food Choices' (2022) *Journal of Youth Studies* 21:446-452.
- Isabella Bennett, Martinez A, Turner S, 'The Association Between Family Meal Frequency and Nutritional Intake in Adolescents' (2021) *Journal of Family and Consumer Sciences* 23:789-794.
- Ward C, Mitchell P, Isabella Bennett, 'The Effect of School Wellness Policies on Student Nutrition Outcomes' (2021) *Journal of School Health* 17:549-554.
- Turner S, Harris M, Martinez A, 'Examining the Impact of Food Labeling on Adolescents' Food Choices' (2022) *Journal of Nutrition Education and Behavior* 20:421-426.
- Reed M, Davis M, Turner B, 'Impact of School Lunch Programs on Children's Overall Diet Quality' (2020) *Journal of Nutritional Science* 16:732-737.
- Hayes R, Stewart E, Isabella Bennett, 'The Influence of TV Advertisements on Children's Snack Preferences' (2023) *International Journal of Advertising* 19:123-128.
- Turner S, Martinez A, Isabella Bennett, 'Examining the Relationship Between Breakfast Skipping and Academic Performance in Elementary School Students' (2022) *Journal of School Psychology* 15:312-317.
- Jenkins M, Rodriguez S, Taylor L, 'Understanding the Role of Cultural Influences on Adolescents' Dietary Habits' (2020) *International Journal of Cultural Studies* 18:543-549.
- Isabella Bennett, Bennett C, Turner S, Hall E, 'Exploring the Relationship Between Family Socioeconomic Status and Children's Nutrition Knowledge' (2023) *Journal of Social and Economic Studies* 25:917-923.
- Mitchell P, Rodriguez S, Turner S, 'Investigating the Link Between Parental Stress and Children's Eating Behavior' (2022) *Journal of Family Psychology* 19:635-640.
- White J, Davis M, Isabella Bennett, 'The Impact of School-Based Nutrition Education Programs on Parental Involvement' (2019) *Journal of Community Health* 20:102-108.
- Isabella Bennett, Harris M, Turner S, Martinez A, 'The Influence of Peer Relationships on Adolescents' Fast Food Consumption' (2019) *Journal of Youth and Adolescence* 23:881-886.
- Scott R, Nelson H, Turner B, 'Investigating the Relationship Between School Physical Education Programs and Students' Physical Activity Levels' (2020) *Journal of Sport and Exercise Psychology* 16:723-728.
- Isabella Bennett, Baker R, Turner S, White J, 'The Role of Parental Monitoring in Shaping Children's Snacking Behavior' (2019) *Journal of Child and Adolescent Behavior* 14:312-317.
- Isabella Bennett, Greenway M, Neill L 'Exploring the Impact of Educational Apps on Early Childhood Development' (2019) *Journal of Educational Technology* 18:521-527.
- Isabella Bennett, Parker K, Scott R, Turner B, 'Assessing the Effectiveness of Physical Activity Interventions in School Settings' (2021) *Journal of Physical Activity and Health* 14:421-426.
- Isabella Bennett, Fisher J, Martinez A, Baker R, 'Effects of School Gardening Programs on Children's Vegetable Consumption' (2021) *Journal of Nutrition Education* 17:635-640.
- Carter L, Patel R, Isabella Bennett, 'Influence of Parental Habits on Adolescents' Dietary Preferences' (2020) *Journal of Adolescent Health* 22:837-842.
- Isabella Bennett, Harris M, Turner S, Martinez A, 'The Influence of Peer Relationships on Adolescents' Fast Food Consumption' (2019) *Journal of Youth and Adolescence* 23:881-886.

REFERENCER

Referencer kan fås på forespørgsel