



MONTGOMERY MESSENGER

The Publication of the Residents of Montgomery Place Retirement Community
5550 South Shore Drive, Chicago, Illinois, 60637

November 2022, Vol. 32, No. 11

Never at a loss for words

<https://montgomeryplace.org/montgomery-messenger/>

CREATED TO BE CREATORS

We are creatures of imagination. In amazing ways, we imagine situations and worlds that are different from what they are now. And then we work to bring our imagined worlds into actuality.

When our computers or TVs are out of order, we imagine ways to fix them—or find someone else who can imagine how they should be repaired. Our favorite dishes are products of how we bring our imagination to preparing the meal and bringing it to the table. The engineer faces a problem and imagines how it can be worked out. The painter, the novelist, the teacher, and the politician do the same.

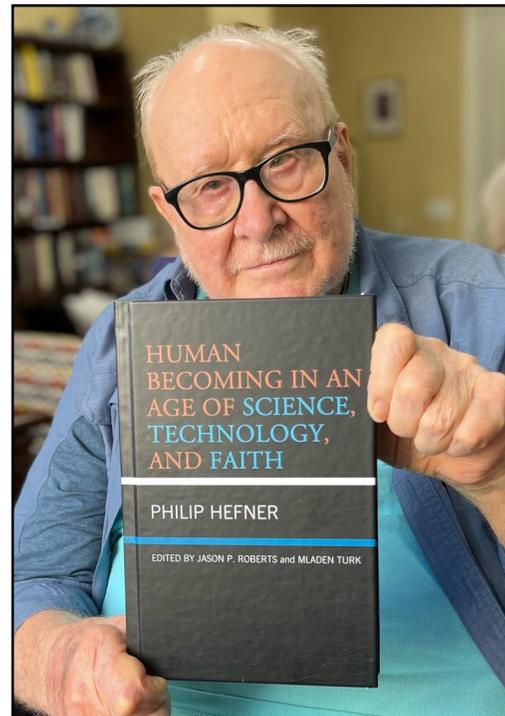
In other words, we are creators and are restless unless we are creating something that we think is desirable. The same process applies to the plumber, the physician, and the policy-maker.

My new book, *Human Becoming in an Age of Science, Technology, and Faith*, takes this human nature as its starting point. Today, we see that so much of creating activity has fallen short—it doesn't live up to our own ideals.

Much of our creating is done through technology, and we are challenged by our inadequacies and fallibilities to deal creatively with the natural environment and the needs of the human community. Our creating much of the time does not seem to be up to the challenges, and that poses the basic human dilemma that I deal with in this book.

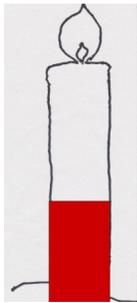
A copy of the book will be available in the Library around November 25.

Phil Hefner



OUR HOLIDAY FUND IS GROWING!

It has only been a couple of weeks since we launched our campaign and as of October 20 (the closing date for articles to appear in the *Messenger*), we have received \$42,594 in donations! That amount was donated by only 23% of our residents, but it represents 38% of the goal the Council set for this year. It means that our donors, thus far, have given more than their “fair share” amount.



Let's all keep up the good work! If you haven't dropped your check in the box in the lobby yet, follow our early donors by giving extra generously. Your contribution goes directly to the hourly workers on

our staff and is distributed based only on the number of non-overtime hours they have worked this year. Because Montgomery Place has a “no tipping” rule, this is your only opportunity to show your appreciation.

By the time you read this article, the Holiday Fund candle, we hope, will be closer to the top. It's up to all of us to reach our goal and go beyond, to show our appreciation to the folks who have been here for us all year. Staff shortages are everywhere in today's economy. The people who we are supporting with our fund are the ones who have stuck with us. They deserve our grateful thanks!

*David Lebowitz, Treasurer,
Residents' Association*



TURN THOSE CLOCKS BACK

On Sunday, November 6, at 2 a.m., Daylight Saving Time (or as some prefer, “Darkness Wasting Time”) ends for this year. Set your clocks and watches back an hour; observe that your computer and cell phone mysteriously know about the change; and do what you please with that precious extra hour. Take a walk; bake some banana bread; be a slugabed.

TIME IS OF THE ESSENCE

Is this the TIME for you to become a *Messenger* contributor? We welcome you! The guidelines are as follows:

- ◆ Contributions are the original work of residents or staff members, sometimes based on research.
- ◆ The ideal article length is between 300 and 500 words.
- ◆ The deadline for submissions is 5 p.m. the 20th of the month before publication. For example, November 20 is the deadline to get articles to the editor for the December issue.
- ◆ Topics can be your memories, reflections, knowledge, interests, hobbies, hopes. Read 25 years of the *Messenger* (all issues in binders in the northeast corner of the Library) to see that whatever interests you, someone else thinks about too.
- ◆ Ask our current editors, Lois Baron, Gretchen Falk, Paula Givan, or Phil Hefner, or recent past editor Barbara Wilson, about joining the team.

OUT AND ABOUT

Here is the list of outings scheduled for November. Don't forget to sign up in the Trip Book for any event you wish to attend, and arrive promptly for the bus. The times listed are when the bus leaves. "Tickets required" means that you are responsible for getting your own ticket. If you need help, call the concierge, Marisol Fernandez, at 4565. Also remember to bring proof of vaccination and a picture ID.

◆ Tuesday, November 1, 11:45 a.m. The Manz Organ Series at the Lutheran School of Theology at Chicago presents Marianne Kim. A composer, pianist, organist, and harpsichordist, Kim is noted for her vibrant performances and compositions in such musical styles as classical, jazz, Broadway musical, R&B, gospel, and traditional and contemporary church music. Many of you

appreciate the outstanding quality of the programs performed on this first-rate organ. Free; an optional contribution is appreciated.

◆ Wednesday, November 2, 1 p.m. The DuSable Museum of Black History presents "The Color Is: Fashion." The exhibition takes its title from the Emerald City scene of the 1978 film *The Wiz*. The objects highlight black fashion aesthetics and innovation throughout history. Free.

◆ Thursday, November 3, 1 p.m. *Swing State* at the Goodman Theatre. Pulitzer Prize finalist playwright Rebecca Gilman and Tony Award-winning director Robert Falls team up for their sixth Goodman production—a contemporary portrait of America's heartland in a time when it feels like everyone's way of life is in danger of disappearing, a timely subject. One act, 1 hour 45 minutes. Tickets are scarce and required.

◆ Saturday, November 5, 11 a.m. The Metropolitan Opera Live in HD presents *La Traviata*. Superstar soprano Nadine Sierra stars as Violetta—one of opera's ultimate heroines—in Michael Mayer's vibrant production of Verdi's beloved tragedy. Tenor Stephen Costello is her lover, Alfredo, alongside baritone Luca Salsi as his disapproving father. Maestro Daniele Callegari is on the podium. 3 hours 15 minutes. Tickets required.

◆ Sunday, November 6, 2:30 p.m. UChicago Presents at Rockefeller Chapel. Ensemble Basiani brings a new light to traditional Georgian music in their journey to restore and revive forgotten folk songs and hymns of the Republic of Georgia. The twelve members of this all-male group of vocalists will highlight music from as early as the seventh century in this showcase of the world's oldest polyphonic vocal tradition. Discussion follows. Tickets required.

continued on p. 4

CONTRIBUTORS THIS ISSUE

Editor: Paula Givan

Contributors: Barbara Asner, Lois Baron, Laurieann Chutis, Gretchen Falk, Phil Hefner, Becky Kruse, Allen Lang, David Lebowitz, Renée Lubell, Joyce Mannis, Shantha Monippallil, Stan Moore, Thelma Plessner, Marjory Slavin, Rona Strahilevitz, Bernard Strauss, Helen Wolkow

Staff Contributors: Mike McGarry, Chaplain Laura Gottardi-Littell

Art: Julie Richman

Calendars: Barbara Wilson

Layout: Carolyn Allen

Production: Robert Vann

Editor Next Month: Phil Hefner



Out & About from p. 3

◆ Wednesday, November 9, noon. Chicago Shakespeare Theater showcases a contemporary version of Shakespeare's *Measure for Measure*. "Some rise by sin, and some by virtue fall." Director Henry Godinez brings Shakespeare's searing play to life amidst the glamour, music, and sensuality of 1950s Cuba. While a revolution brews, Havana sinks into moral disrepair when Isabel comes to plead for mercy for her brother. It is then that the depths of raw power's depravity are shockingly revealed. 1 hour 40 minutes. Tickets required.

◆ Friday, November 11, noon. Lunch outing to Snail Thai Cuisine. In Hyde Park since 1993, Snail is "dedicated to preparing delicious, wholesome, traditional Thai cuisine, using the finest produce, seafood, and meats!" From shumi to nam sod and on to panang curry, the choices are many and reasonably priced. See their extensive menu

online. Reviews vary from 3 to 5 stars and some at Montgomery Place rate Snail as excellent.

◆ Wednesday, November 16, 1 p.m. Lyric Opera presents *Le Comte Ory*. Gioachino Rossini, the master of operatic comedy, strikes again with onstage antics that match the high-energy music. Lawrence Brownlee stars in the virtuosic title role, opposite the Countess of Kathryn Lewek, one of her generation's most scintillating coloratura sopranos. You will smile from the overture to the happy ending. 2 hours 40 minutes. Tickets required.

◆ Thursday, November 17, 7 p.m. Court Theatre presents *The Island* by Athol Fugard. John and Winston are political prisoners on South Africa's infamous Robben Island. *The Island* is a sobering glimpse into the social, physical, and psychological wounds of apartheid; a lesson in the complex work of liberation; and a testament to the power of theater. Tickets required.

Marjory Slavin



Homecoming by Julie Richman, 2022

NEW ARRIVALS

Steve Press moved into apartment 914 (phone 4378) on November 21, 2021. He was born in Brooklyn, New York and grew up on Long Island in Oceanside, allowing him a lot of swimming and beach time in summers. He went to Columbia University as an undergraduate, married, and moved to Ann Arbor, Michigan for graduate school.

He fell in love with Ann Arbor, got masters' degrees in social work and psychology, and worked for 30-odd years as a psychotherapist. He was on the board of the Ann Arbor Blues and Jazz Festival. During that time he divorced and eventually took a job in Chelmsford, Massachusetts, and lived in nearby Nashua, New Hampshire. He was not happy with the job and when he found a good job in Detroit, he took it.

Steve had a condo on the Detroit River, where he says he had the best view in town. He could see all the way to Canada. He was a volunteer popcorn barista at the local independent film theater, and saw all the films free. He met a Canadian filmmaker, Bruce Pittman, who invited him to Toronto to see his new production, *The Last Movie*. Steve liked it and was able to have it shown at the theater where he volunteered.

He was seeing someone in Detroit, but she lived in Windsor, Ontario. When the border closed because of COVID, they didn't see each other for a year, she met a Canadian, and that was that.

Throughout his life, he has loved blues music and jazz. His other, and greater, love is movies, and he's a member of the Film Committee at Montgomery Place. His favorite film of all time is *The Third Man*, which he feels is the best depiction of evil he has encountered.

Steve's daughter Valerie is an attending physician at the University of Chicago, and daughter Corinna is a clinical psychologist in Oakland, California. When he started to have health problems and falls, and some of his best friends moved away from Detroit to be near their children, Steve decided to come here to be closer to Valerie and Chicago's good healthcare.

He hasn't been able to get to know Chicago yet, because he has to sleep a lot and can't get around much. But he is working on it and looks forward to enjoying the music, plays, and cultural events the city offers. And for now, he feels he has the best view in Chicago.

Lois Baron



Marjory Slavin moved into apartment 1004 (phone 4015) on February 28, 2022. She grew up in Dayton, Ohio. She has excellent memories of her childhood and teenage years, and despite Dayton being a community with few Jews, she said, "I never had any incidents of antisemitism." Her grandmother and mother were great influences on her life. "My grandmother taught me I could do anything, and my mother said I had to be nice when I did it." In high school she was one of eight students from the area selected to be part of a program developed by the local newspaper, *The Forum*. In groups of four students, they went to high schools throughout southeastern Ohio and put on school-wide forums. They discussed topics of interest to juniors and seniors. These experiences gave Marjory a great sense of self-confidence.

At Northwestern University she majored in history. Especially interested in the visual arts, she originated an annual program giving

continued on p. 6

New Arrivals, from p. 5

students a venue in the quadrangles to display their work.

Marjory met her husband Louis in Dayton, and they moved to Kalamazoo. Louis was in the family business, a paper mill that manufactured specialized paper. Marjory began working as a freelance writer, and raising two sons and a daughter. Fifteen years later the business was sold and the family moved to Hyde Park. Louis entered law school at the University of Chicago. At 45, he was the oldest student ever enrolled.

After Louis finished law school, they moved to Northfield. Marjory's volunteer work included The Jewish Federation, where she served on the committee that determined funding for several national Jewish groups. As a Board member for Urban Gateways, Marjory learned how arts programs could change the lives of children at disadvantaged schools. Marjory and Louis also loved sailing, and Lake Michigan was a wonderful place to sail.

After Louis semi-retired from practicing law, they moved to Tucson, Arizona. Hiking and horseback riding replaced sailing. There Marjory aided the expansion of the School of Fine Arts at the University of Arizona, and she served on the board of the National Foundation of Jewish Culture.

After Louis died in 2003, Marjory stayed in Tucson, while also traveling extensively. She decided to move to Mobile, Alabama, where her only sibling, a sister, lives. She has reported in the *Messenger* about life in Mobile! As her health became a challenge, her children swept her up and brought her here. Her daughter, who lives nearby, found Montgomery Place, and "it's been terrific." We are so glad you moved here, Marjory. Welcome!

Gretchen Falk

MIKE'S MESSAGE

I am pleased to announce that effective October 25, 2022, Mark Miron joined our management team as Executive Director of Healthcare Services. This role includes responsibilities as the Healthcare Administrator of the second floor and of Assisted Living on the third floor.

Mark is a seasoned professional with more than 30 years' experience in healthcare, including many years as a Licensed Nursing Home Administrator in multiple facilities larger than Montgomery Place. He owned and operated a private home healthcare agency in suburban Chicago for more than five years. He is leaving a position as the executive director of a 231-bed facility within a larger nonprofit organization that focuses on short-term rehabilitation and long-term skilled nursing. In addition to his extensive healthcare experience, I was most impressed with his proven ability to manage and develop the skills of his team.

Mark holds a bachelor's degree in food and nutrition from Michigan State University and a master's in health services administration from the University of St. Francis in Joliet. We hope that alumni from the other Big Ten universities, specifically the one located in Ann Arbor...and you know who you are...will recognize his accomplishments. He also serves as cabinet and committee member for Leading Age, Illinois. Leading Age is the primary industry trade association for senior living in the United States.

Mark's office is on the second floor. There will be a welcoming reception for residents and staff to meet him before the start of the holiday season. Please join me in welcoming Mark to Montgomery Place.

Mike McGarry, President and CEO

I can't believe it's 85 I am going to be
 It happened so quickly, I really didn't see
 I never really expected to live this long
 To a long-lived family, I did not belong
 At a very young age my mom and dad did die
 All I could do was a healthy lifestyle to apply
 So healthy I ate, all fruits and vegetables so green
 Every day at an early hour, at the gym I was queen



Having a family was one of my first ambitions
 A husband and three kids fulfilled that mission
 Sixty-two years together Leo and I did share
 Yes indeed, we did make a very good pair
 And to travel the great big world that I wanted to see
 Africa, Asia, the Far East and beyond was where I got to be
 For work I wanted to help people, I said aloud
 A social worker I became and was so proud
 A good daughter, wife, mother, aunt and friend
 I hope to all a helping hand I did lend

And so here I am at 85 years old
 But these years don't seem so gold
 I thought I would be so much wiser at this age
 I am certainly not a fool, but neither am I a sage
 Optically challenged I am, as one friend does say
 May my hearing aid batteries never fail, I pray
 Without my walker I don't move so well
 I can only hope my legs don't swell
 I can't drive or run or dance
 Alas, I can't skip rope or even prance
 There are things I used to love to do
 Gardening, cooking and even ping pong too

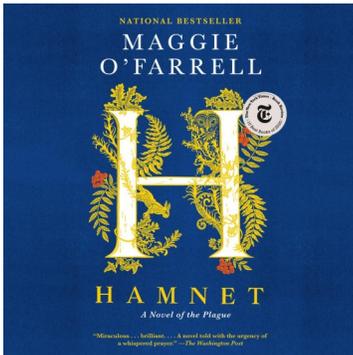
But what I can do is still laugh at myself
 And not dare to think of sitting on the shelf
 I can be grateful that I have enough good food to eat
 And living in a lovely place is a delight and a treat
 And what I can do is look for laughter everywhere
 And find people whose jokes I can share
 What I also can do is be grateful for the things
 That make me feel good, and give me some wings
 I can be grateful for the people about whom I care
 And be grateful to those whose lives I share
 And I can look back at the end of the day
 It was a life well lived, I'm happy to say

BOOKLOVERS

Hamnet is a fictional account of Shakespeare's son, Hamnet, who died at age 11 in 1596. In 2020 the book won the Women's Prize for fiction and National Book Critics Circle Award for fiction.

With this, her eighth novel, Maggie O'Farrell uses historical fiction to confront a family's worst nightmare: the death of a child. With little known about Shakespeare's personal life, and even less about his only son, O'Farrell has taken what she calls "idle speculation" and "scant historical facts" and transformed them into a spectacular narrative. She says you do not need to read the play *Hamlet*, or understand Shakespearean prose, to read this book.

The Chicago Public Library lends us ten copies of the book for the month and we share the books among ourselves. We have received a new listing of books available from this service. When you are finished with the book, please return it to Stephanie Butler, phone 4028, so that she may share it with our growing group of Booklovers. Your book must be returned by November 22 in order for you to get the next book.



Our next meeting, to discuss *Hamnet*, will be on Monday, November 21 at 3:30 p.m. in the East Room. We need a volunteer to be the discussion leader: review the book, introduce us to the writer, and get the discussion started. Let me know, phone 4638, if you are interested. All are welcome!

Laurieann Chutis, Chair, Booklovers



THANKSGIVING FOOD DRIVE

With Halloween come and gone and chilly November here, we are ramping up our annual fall fundraising effort to help our low-income working neighbors in the Midwest Workers Association (MWA) enjoy the Thanksgiving Day feast with friends and family that would otherwise be out of reach.

The MWA is a voluntary organization comprised of service, temporary, and other low-paid workers, with no benefits and bereft of union support. It is organized around a "members helping members" principle, in which the members organize to find clothing, basic preventive medical and dental care, legal and job-referral services, child care, and emergency food.

Our checks and those of MWA volunteers cover the costs of procuring the food items for a tasty Thanksgiving meal for 200 of these working poor families; MWA buys the groceries, fills the baskets for the families in need, and distributes them a few days before the holiday. A box has been placed on a ledge across from the Front Desk for your checks—which you should make payable to the Midwest Workers Association—and the deadline is *November 16!*

Thanks so very much!

Joyce Mannis



REMEMBERING THE RABBITS

Years ago Ruth and I asked a staff member at the Art Institute of Chicago to show us an original of the Dürer print above. That acolyte brought a little folding rack to our table, then brought in the print. Wearing white gloves, she placed the rabbit at the center of the propping frame. “Do not touch,” she said. We reverently viewed the masterpiece, knowing that it had been first touched by the master of bunny portraiture.

In high school, I worked at a medical lab where rabbits were the augurs of family events. The Friedman test involved enlisting a female rabbit sworn to celibacy to accept the urine of the lady who wanted to know what the next nine months would be like. I treated the urine with alchemy and then injected it into the ear vein of the virgin bunny. Some time later the animal was sacrificed and her follicles inspected. Red spots on her ovaries presaged the urine-donor an heir. After the hieromancy, to use the technical term, I was given the corpse, which Mom served on Sunday, with gravy.

A rabbit named Wilson was dear to my grandson Allen. The beast was white with

black spots, and when grazing on the lawn he might be mistaken for a soccer ball. Wilson was popular. When he passed on, the *Montpelier Times-Argus* gave him an obit under the head, NOTED CENTRAL-VERMONT RABBIT DIES. Wilson was not eaten, but interred in a private ceremony.

Now I see rabbits in the Montgomery Place Garden. Never, though, on the MP menu.

Allen Lang



DINING COMMITTEE

The new menu will be coming out shortly. Final details are being worked out. Dining Room staffing continues to be a challenge. Two of the servers recently hired have left. Human Resources is currently interviewing several people for server positions.

Did you know that you can purchase produce from the Café? Various fruits are available, as well as vegetables such as zucchini, onions, potatoes, tomatoes, carrots, and sweet peppers.

Please join us for the next meeting of the Dining Committee on Wednesday, November 9, at 2:15 p.m. in the East Room. All residents are welcome.

Becky Kruse, Chair, Dining Committee



FRIDAY NIGHT SPEAKERS

Friday night speakers programs start at 7:15 p.m. in the East Room and run for approximately one hour. All residents and guests are welcome. *The program depends on our recruiting speakers who volunteer their time, with dinner at Montgomery Place the only incentive. We need your suggestions.* Please contact any of our committee: Lois Baron, Laurieann Chutis, Phil Hefner, Becky Kruse, Stan Moore, Bernie Strauss, Fran Vandervoort, and Ken Yoshitani. We welcome new members. This month's meeting will be on Thursday, November 10, at 11 a.m. in the Game Room.

Three speakers are scheduled for November.

◆ November 4, Bruce Sagan speaking on "The *Hyde Park Herald* and the American Problem of Journalism in the Internet Age." Sponsored by Anne Seiden, postponed from October. Bruce started his career as a 22-year-old copy boy for Hearst International News. He bought the *Herald* in 1953, borrowing \$2,500 from friends and family. A member of the Chicago Journalism Hall of Fame, Sagan formerly headed the management committee at the *Sun-Times* and has been a consultant to other major papers. He has served on the boards of the Joffrey Ballet, the Chicago Public Library, the Chicago Housing Authority, the Illinois Arts Council, and other organizations. Under Sagan, the *Herald* covered its communities with attention to longterm issues of racial relations and urban renewal.

◆ November 11, Barbara Flynn Currie speaking on "Illinois Politics Then and Now." Sponsored by Fran Vandervoort. Barbara served as a Democratic member of the Illinois House of Representatives from 1979 to 2019, and as the majority leader from 1997 to 2019. Flynn Currie's 40 years as a member of the Illinois General Assembly is the longest tenure of any woman.

◆ November 18, Andrea Smith and Josie Childs speaking on "The Legacy of Harold Washington." Sponsored by Fran Vandervoort. Josie Childs is president and organizer of the Mayor Harold Washington Legacy Committee. She helped to stage a yearlong celebration of the 100th birthday anniversary of Mayor Harold Washington during 2022. Andrea Smith, a media consultant, will present the slide show and give commentary on the images of Mayor Washington that she has collected over the years.

November 25. Day after Thanksgiving. No lecture scheduled.

Bernard Strauss for the Friday Night Speakers Committee



THANKSGIVING

When I think of November, I feel a cold wind! At the same time, I think of Thanksgiving. It has to be one of the warmest holidays. I think of the Macy's parade. We went to the parade even if it was snowing! And so did many other people. We all huddled together as the snowflakes fell upon our smiling faces!

When Santa came by in his sled, the parade was over and it was time to go home. That meant cooking. A lot!

First, we had to get the turkey in the oven. It was already prepared the night before and was going to be roasted for several hours. Several of our favorites were prepared and in the fridge waiting to be cooked.

There was a casserole of Idaho mashed potatoes. There was mashed sweet potato and crushed pineapple pudding (after it was heated, and just before it was ready to be served, I put marshmallows all over the top and put it back in the oven. I watched carefully until the marshmallows were browned and then took it out to be served.) Fresh cranberry sauce (the canned jellied cranberry sauce was waiting in the fridge), next to it in the fridge was an orange flavored Jell-O mold filled with fresh cherries. There was stuffing (of course) made from slightly stale challah (the bread served on Friday nights when we celebrated the Sabbath), a side dish of pickles and pickled tomatoes, fresh sticks of carrots and string beans, gravy (naturally), and home baked apple pie for dessert (always a treat). Recipes available! There were also several different flavored sodas (another treat).

It was done with joy. When my children ate with glee, laughed and giggled between bites, I experienced a special kind of happiness. It was a lot of work but it was worth it! They remember it all!

Well, now I can relax! Wait a minute. It's the end of November. December is almost here! No rest for the weary! Here come Hanukkah and Christmas and Kwanzaa! I need to make lists . . . and lists . . . and even more lists! A very busy time but delightful! Ready or not, here they come! Take some time to rejoice! Have a little fun! Happy holidays to everyone!

Thelma Plessner



Remember?

CHANA SENESH

Chana Senesh was a 23 year old poet, pioneer, and a member of a small kibbutz in Israel. In 1944 during World War II she volunteered to the British army for a very dangerous mission to parachute over German lines in Europe, to connect with the partisan resistance against the Nazis, and to ultimately attempt to rescue Jews about to be deported to the German death camp at Auschwitz. She was caught, imprisoned, and tortured but refused to give information about her mission.

Chana was executed on November 7, 1944. She is a hero of my generation. Her poems are read and sung at almost every public memorial and celebration in Israel.



Chana Senesh

CHANA SENESH

On a gray wooden shelf
in a used book store
A small town in a
Foreign land,
Your eyes with endless sorrow
On a faded book cover
Penetrate my flesh like
A dart.

Chana,
all alone!

How did you get to this place
Where no one knows you
Where no one sings your songs
No one knows your name
Your courage.

Chana
The poet
The pioneer,
Twenty-three years old
Parachuting over
German lines
To save our people.

Chana,
Facing
The Nazi beast
Alone
Tortured, tortured
Never gave the code

That November day
In Budapest jail
Looking at gray sky
For the last time.
The bullets tear up your frail body.

I did not leave you
on the gray shelf
with all other books

I had to take you home

If I could only bring you home
then

At that other place
At that other time.

If I only could!

Rona Strahilevitz

NOT THE (OCTOBER COUNCIL) MINUTES

Thanks to \$1,500 in proceeds from the Trummage sale, the general fund has a balance of \$8933.17. The Holiday Fund now stands at \$ 42,594.18 with 28% of residents responding to date. Residents’ Holiday Party will be on Wednesday, December 14; employees’ party and check distribution will be December 15.

- ◆ The discussion of issues with management included the problem of the cold lobby. There have been no bids on a revolving door. Management is consulting the architects of an old plan for renovation of the first floor. That extensive plan included relocation of the front entrance.

- ◆ There are continuing attempts to hire an additional security employee for overnight duty.

- ◆ Montgomery Place has hired a new administrator for floors 2 and 3. (See page 6 for Mike McGarry’s introduction to Mark Miron.)

- ◆ Virginia Liles-Dudley is temporarily covering some director of nursing duties in addition to Life Care at Home duties.

- ◆ Portal replacement awaits solving persisting TV problems.

- ◆ The Council voted to recommend to management purchase of a new, more substantial, storage shed for the Garden. The suggestion for the purchase of additional tables led to a discussion of the development of an overall plan for seating in the Garden, such development to include serious input from residents. A major portion of the Garden’s ground cover is suffering from an untreatable disease and will be replaced in the spring by native violets.

- ◆ Residents are encouraged to view unclaimed artwork for display on their floors. See Patricia Northcott, phone 4357, for details.

- ◆ It was suggested that residents utilize the Taxi Access Program (TAP) for transportation. Mandated by a City of Chicago ordinance and administered by PACE, TAP provides ADA paratransit-eligible riders the option of using taxis at reduced rates for same-day trips that begin within the City of Chicago. Details can be found on the web using TAP and PACE as search terms.

- ◆ A discussion on revision of the Association bylaws was postponed until a copy of the present bylaws accompanied by the proposed changes and a rationale for the changes could be provided to Council members.

- ◆ Greg Gleason, Chair of the Montgomery Place Board introduced Morag Fullilove the Vice-Chair (Morag is a Scots name).

Bernard Strauss for the Residents’ Council



NOVEMBER
BIRTHDAYS

11/5	James Johnson
11/6	Elsa Charleston
11/16	Barbara Marriott
11/19	Laura Veliko
11/26	Steven Meyer
11/26	Sheri Steinberg
11/30	Laurieann Chutis



RUMMAGE SALE RECAP

Our fall rummage sale was a huge success thanks to *you*. Residents contributed wonderful items, everything from bone china to atomic clocks. The clothes ranged from designer items made of leather, silk, and cashmere to sturdy work pants. There was even a collection of antique dressers and a new bed perfect for apartment living. Many bought the chairs from the elevator lobbies. Their wooden arms and height make it easy to stand up. Residents and staff found just what they wanted.

A big thank you to Marisol Fernandez, who did the setup, the committee (Thelma Plessler, Joyce Mannis, Jay Neal, Mary Clayville) who sat through the 16 hours of the sale over three days, and the entire staff of Montgomery Place who contributed to the setup and cleanup. It is a big job to maneuver in a short time and everyone pitched in—department heads, maintenance staff, and residents, to get the job done. Leslie Travis, Bernie Strauss’s daughter, took the leftover clothes to the Subterranean Sale in Hyde Park, whose proceeds go to breast cancer research. Now I call this teamwork, and I thank everyone for doing more than was expected.

We collected \$2,165! \$665 went to the Care Assurance Fund and \$1,500 to the general fund of the Montgomery Place Residents’ Association. Start putting items away for the next rummage sale.

Laurieann Chutis, Coordinator, Rummage Sales

A DINNER IN BANGKOK

It was hot, but it was December and the building had been catching breezes for more than 400 years. So we were comfortable in our evening clothes. Prince Suphat, an archeologist, was finishing his explanation of the artifacts at the Suan Pakkad Palace, when a single gong was struck and hung in the humid air. The group exchanged glances and drew in its breath. “The musicians are warming up,” I explained. Otherwise there were only the sounds of the night creatures. “Magic,” someone mumbled.

I led the group down the stairs of the carved teak stilt house to the garden and lawns below. A full moon glowed directly above us against a blue-black sky. Some poinsettia trees were blooming; orchids hung from trees; hibiscus, bougainvillea, and frangipani perfumed the air. Ground lights shone along paths and under some of the bushes. There was a small pond and two or three pelicans strolled about.



Phiphat Classical Orchestra

Three long tables with white cloths and decorated with flowers were arranged on the lawn facing a stage area. To the left sat the musicians—on the ground, behind or holding their instruments. Wearing white silk *phra rachatan* (Nehru style) jackets with colorful sashes, they were playing softly. Later, classical dancers from the Department of Fine Arts would depict stories from the *Ramakien* on the stage.



Classical Thai Mask Dance

Wine and canapés had been passed among the guests for at least the last hour, so everyone was relaxed and ready to immerse themselves in the beauty, the food, and the art that had already begun to unfold and would continue until we left.

Servers in traditional dress brought plate after plate of Thai food that bears little

resemblance to anything in American Thai restaurants. Court food that takes all day to create. And more wine or beer. Carved fruit and marvelous coconut morsels.

This dinner was part of a two-week meeting that my then-husband and I hosted in our first year in Bangkok (1982). The hosts were really the President and Board of the Population Council, and the guests were the Board of Trustees from around the world. My husband was the Regional Representative for South and East Asia; he and I were responsible for producing and managing the events.

My husband handled meetings and trips to project sites, some in Indonesia. I planned and hosted an itinerary for accompanying spouses and arranged the evening at the Suan Pakkad Palace. My connection with the Bhirasri Institute of Modern Art and its director, Chatvichai Prommedavedi, helped make it possible. Princess Chombat (now deceased), owner of the palace, was a prime supporter of the Bhirasri Institute.

This article arose from a conversation with a fellow resident about the need for appropriate “chemistry” among guests at parties. But I said that even bad chemistry can be overcome when you make the dinner into performance art. Think *Babette’s Feast*.

Lois Baron

A BIG WORLD OUT THERE

There’s a big world
out there
but my world
is small

the world’s best mocha
in a a corner cafe
with the little old lady
I’ve lived with
seventy years

half a world away
armies engage
in mutual slaughter
while I ponder
chocolate in my coffee

in Florida people face
hurricane disaster
while I savor
a fine cookie

I feel the empathy
that is apportioned
to me entering
my tenth decade
in my motorized chair
surrounded by love

some say the world
is going to hell

my world looks out
on a lovely park

Phil Hefner

ROYALTY AT BALMORAL

We looked down from the Cairngorms onto the Balmoral estates. Rolling hills and grouse moors to the north graced the highlands surrounding Balmoral Castle near the village of Crathie. Accompanied by a friend, our family ascended Lochnagar in the wake of Byron, whose poem, “Lachin y Gair” (Lochnagar) features the climb and its view.

Queen Victoria made the summit in 1848. Prince Albert bought the estate, and by 1856 the Scottish baronial castle he oversaw was completed. Loch Muick lay along our upward trek. Here Queen Victoria and Prince Albert and later Queen Elizabeth and Prince Philip picnicked.

Here on September 8, 2022 Queen Elizabeth II died after a more-than-70-year reign. Her cortege left Balmoral and arrived at Holyrood Palace in Edinburgh, then progressed past solemn crowds up the Royal Mile to Saint Giles’s Cathedral. Here, where John Knox once preached and led the Scottish Reformation, the Queen now lay in state, and a memorial service ensued amid much pomp and ceremony.

King Charles III had been a student at Gordonstoun, the Scottish boarding school known for its rigorous outdoor life with cold showers and its classical, but progressive, curriculum. Kurt Hahn, an early leader of Gordonstoun, drew from experiences as diverse as his German background, his time at Eton and Oxford, and his reading of Plato’s *Republic* to establish its character. Our son Doug’s Aberdeen Grammar School rugby team was scheduled to play Gordonstoun in a league match. The team traveled by bus to Gordonstoun in late fall as the weather turned cold. Prince Edward had succeeded his older brother there, but he played field hockey and didn’t put in an appearance. Afterwards the visitors sat down



to tea with their hospitable adversaries before the long bus drive back to Aberdeen.

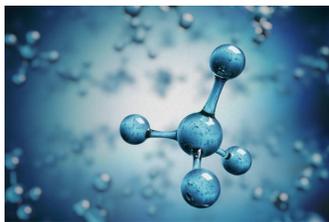
The climax of the autumn season in Aberdeenshire for both royalty and their subjects was the Highland Games at Braemar, featuring piping; drumming, and dancing competitions; and weighty sports like the stone put, the hammer throw, the sheaf toss, the *maid-leisg* (lazy stick), and, especially, the caber toss. After a long log balanced vertically was tossed end-over-end, the winner was the competitor whose caber came closest to the 12 o’clock position. We joined the crowd at Braemar and, after the caber toss, watched the Queen, Prince Philip, Prince Charles and his then-girlfriend, the Queen Mother, and other dignitaries leave the grounds, waving from limousines.

We returned to our teaching at the American School of Aberdeen, and the children to their studies at the Aberdeen Grammar School, where Byron spent 16 months before ascending to his title and his seat in the House of Lords. The granite row houses, roses everywhere, and the chimney pots with their circling gulls from the North Sea welcomed us as we plotted our next hillwalk up Lochnagar. The royals returned for another four decades of picnicking and grouse- and deer-shooting at their beloved Balmoral.

Stan Moore

BREAD AND ROSES

We breathe oxygen dissolved in nitrogen; fish breathe oxygen dissolved in water. Besides oxygen, we and the fish need nitrogen to build seven proteins: antibodies, contractile proteins, enzymes, hormonal proteins, structural proteins, storage proteins, and transport proteins. Without nitrogen, we and the fish would look like Day of the Dead skeletons.



The air is three-quarters nitrogen, a shy gas that does not readily marry with its fellow elements. A lightning bolt can wed a dinitrogen molecule to a dioxygen molecule; their children are nitrite twins that will be washed to forest and farmland with the rain.

Plants can't depend on lightning to provide them with their nitrogen. Legumes accumulate nodules of nitrogen-fixing bacteria clinging to their roots, little bags of bugs that take in nitrogen and share the resulting nitrates with the plant. Every spring my dad, a master gardener, bought packets of nitrogen-fixing bacteria to dust his seed beans, after first making them sticky with Karo syrup. After harvest the roots of the bean plants release their nitrogen. The bacteria fixed are released and can become available to plants that don't have nitrogen fixers of their own.

A splendid source of agricultural nitrogen for many years was guano, seabird droppings accumulated over the centuries on tiny Gulf islands. This fossilized bird poop was mined and spread to feed our fields, enriching the world's diets for a century.

Nitrogen, the "N" in Nutrition, is also the "N" in TNT: the nitrogen in the core of a hand grenade could feed a rose bush; the nitrogen in a blockbuster bomb could build the proteins in acres of crops. Each acre so

fertilized could yield as much as 37 bushels of wheat. Each of those bushels, milled to flour, could be baked into 90 one-pound loaves of whole wheat bread. The nitrogen in the bomb that blows up an apartment building could have instead, spread on fields, put bread on the tables of all the families who lived in that destroyed building.

Ukraine is famous for its horizon-to-horizon wheat fields. Because of Russia's invasion, her wheat production for the marketing year 2022/23 is projected to be 19.5 million metric tons, down 13.5 million tons (41%) from last year. (The USDA includes estimated output from Crimea and Ukrainian territory now under Russian control). This year's harvest began at the end of June and continued until mid-August. The lost grain represents a deficit of 495,450,000 loaves of wheat bread. Produced instead were tons of TNT. (The nitrogen in the 6.5 ounces of TNT in your standard hand grenade could fertilize a dozen stalks of sweet corn).

The wheat Ukraine did not grow this year is bread that people there and in the rest of the world will not eat. Those of us who live in a rich country will pay more than before to make sure that we get more than our fair share. Our poorer neighbors can fight for their bread, or they can starve.

Allen Lang



GREENHOUSE GROWINGS-ON

The Greenhouse is alive with pots of blooming geraniums imported from our summer outdoor garden. They will continue to bloom throughout the fall and winter. When the spectacular outdoor show of colorful leaves dries up and blows away, come to the Greenhouse for a splash of nature's color!

The Greenhouse is actively combating a visit of the mealy bug. This takes great effort, spraying the affected plants, pots, and surrounding areas to stop further infection. We have the solution and the spray bottle and have eliminated the bug before. When residents leave sick plants or dirty pots, expecting that someone will take care of them, what we get is mealy bugs that infect the plants that we love and care for in the Greenhouse.

A new resident noticed the mealy bug and volunteered to be on our spray team. Call me at 4638 if you would like to help in this way, or in any of many other ways, to keep our Greenhouse clean and inviting.

Laurieann Chutis, Greenhouse Coordinator



Mealy bugs: Ewww

HEWSON SWIFT CONCERTS

Hewson Swift concerts are presented on Wednesdays at 7:15 p.m. in the Lounge and on Channel 4. Join us for an hour or more of wonderful music on CD or DVD.



- ◆ November 2, Marion Krentz presents Dietrich Fischer-Dieskau *An die Musik*, lieder and opera selections from his long career. CD. 1 hour 18 minutes.
- ◆ November 9, Renée Lubell presents a film by Josh Aronson, *Orchestra of Exiles*, about Bronislaw Huberman and the creation of the Israel Philharmonic Orchestra. DVD. 1 hour 25 minutes.
- ◆ November 16, Barbara Asner presents Mozart's Piano Concerto no. 21 in C major and no. 27 in B flat major, English Chamber Orchestra, Daniel Barenboim pianist and conductor. CD. 1 hour 3 minutes.
- ◆ November 23, Barbara Asner presents Monteverdi's opera *L'Orfeo*, Das Monteverdi Ensemble, Des Operahauses Zurich, Nikolaus Harnoncourt conductor. DVD. 1 hour 40 minutes.
- ◆ November 30, Barbara Asner presents Robert Schumann's Symphony no. 3, "Rhenish," and Symphony no. 4, Staatskapelle Berlin, Daniel Barenboim, conductor. CD. 1 hour 7 minutes

If you would like to share your recorded music on a Wednesday evening, please contact Renée Lubell at 4591 or Barbara Asner at 4618.

*Barbara Asner and Renée Lubell, Co-Chairs,
Hewson Swift Concerts*

NOVEMBER FILMS

Film Committee selections for November will be shown each Monday and Thursday, and two weekends, all at 7:15 p.m. Popcorn and punch are available on Mondays in the Lounge. The Film Committee will meet at 2 p.m. on Thursday, October 6, in the Game Room.



Monday Films:

◆ November 7, *Billy Elliot*, 2000. A British coming-of-age comedy-drama. In northeast England during the 1984-1985 miners' strike, a working-class boy discovers a passion for ballet. His father objects because of negative stereotypes of male ballet dancers. 1 hour 50 minutes.

◆ November 14, *21 Grams*, 2003. A psychological drama starring Sean Penn that deals with the consequences of a tragic traffic accident. 2 hours.

◆ November 21, *My Cousin Vinny*, 1992. A comedy starring Joe Pesci, Ralph Macchio, and Marisa Tomei. Two New Yorkers traveling through rural Alabama are arrested and put on trial for a murder they did not commit. A cousin, Vinny Gambini, who had only recently passed the bar exam on his sixth attempt, defends them. 1 hour 10 minutes.

◆ November 28, *Tess*, 1979. A drama directed by Roman Polanski and starring Nastassja Kinski, Peter Firth, and Leigh Lawson, based on Thomas Hardy's 1891 novel *Tess of the d'Urbervilles*. It deals with farming people, nature, work, class, and women's place in society. 2 hours 50 minutes.

Thursday Documentary:

◆ November 17: *Jiro Dreams of Sushi*, 2011. A Japanese language documentary, directed by David Gelb, follows Jiro Ono, the 85-year-old owner of a ten-seat, three-Michelin-star sushi-only restaurant in a Tokyo subway

station. Jiro serves a tasting menu of 20 courses, for US \$270. Foodies book tables with him years in advance. 1 hour 21 minutes.

Thursday

Foreign Language Films:

◆ November 3, *Comedy of Power*, 2006. A French drama starring Isabelle Huppert, based on a true story involving the French oil and gas company Elf Aquitaine and judge Eva Joly. 1 hour 50 minutes.

◆ November 10, *Roma*, 2018. A Mexican / American coproduction written, directed, and produced by Alfonso Cuarón. A semi-autobiographical take on Cuarón's life, it follows a live-in *Mixteco* housekeeper for an upper middle-class family in Mexico City. 2 hours 18 minutes.

◆ November 24, *Spirited Away*, 2001. A Japanese animated fantasy film written and directed by Hayao Miyazaki. A 10-year-old girl enters the world of Kami (spirits of Japanese Shinto folklore). After her parents are turned into pigs by a witch, the girl takes a job in the witches' bathhouse to find a way to free herself and her parents and return to the human world. 2 hours.

Weekend Musicals:

◆ November 5, 6, *Bride and Prejudice*, 2004. A Bollywood take on *Pride and Prejudice*. A drama directed by Gurinder Chadha. In English with some Hindi and Punjabi dialog. 1 hour 54 minutes.

◆ November 19, 20, *Les Misérables*, 2012. An epic period musical film going back to a novel by Victor Hugo. The British-American venture stars Hugh Jackman, Russell Crowe, Anne Hathaway, Eddie Redmayne, Amanda Seyfried, Helena Bonham Carter, and Sacha Baron Cohen. 2 hours 36 minutes.

Lois Baron for the Film Committee

FROM THE CHAPLAIN

I suspect many of you, like me, still associate autumn with back-to-school days: your own, your children's, your (great-) grandchildren's. I went back to school last fall, enrolling in a part-time Master of Liberal Arts (MLA) program at the University of Chicago's Graham School. From the University's inception, an integral part of its mission has been to educate adult learners along with undergraduate and graduate students. In the MLA program, all classes are taught by tenured U of C faculty who deploy the Socratic method, require class participation, assign papers, and make you earn your grades. It offers a rigorous program to lifelong learners, most of whom work full-time. Each quarter, I'm in class with doctors, lawyers, consultants, teachers, sometimes a few law school students. Classes meet one night a week for three hours. Students concentrate in either Literary Studies or Ethics and Leadership. Since the pandemic, most classes are online.

Why this degree, why now? Not long after starting work at Montgomery Place in 2017, I heard about the MLA program on the radio, and noted ads in the *Trib*. It sounded very appealing. One day, I was walking around the Point and found myself chatting with someone about the dog she was walking. She turned out to be a graduate of the MLA program. She described it as one of the best things she'd ever done. Intrigued, I put that info on the shelf for the time being. In the summer of 2021, things crystallized and I applied.

I had long felt drawn to the U of C, where my mother and sister earned graduate degrees and where I was accepted to an English PhD program after college. I decided not to go then. I got married, became a software technical writer, and earned a Master of Divinity degree from Garrett Seminary in Evanston. After I had stints in hospital and hospice ministry, as

well as church settings, our twin sons (now 21) came along. I have no regrets. Yet over the years I've wondered sometimes about the "road not taken"—the graduate program at the U of C. I'm not planning to switch careers, but it's been good to fulfill some of that earlier dream in a way that suits me now.

I've completed three courses, each a 10-week fascinating and fast-paced endeavor. There are distribution requirements, which I've been busily knocking off. Last fall, I took a class called "Foundations of Humanistic Inquiry" to meet the Humanities requirement. We started with poetry (medieval through Adrienne Rich), moved on to prose (short stories of Flannery O'Connor and the literary sci-fi novel *Clay's Ark* by Octavia Butler). We then analyzed three books of Plato's *Republic* and critiqued Hitchcock's film *Vertigo*. Last winter, I took "Meaning and Motive in Social Life" to meet the Social Sciences requirement. We analyzed works by Locke, Freud, Marx, Wollstonecraft, Foucault, J. S. Mill, W. E. B. DuBois, Simone de Beauvoir, and James Baldwin, to name just a few. This past summer, I took an enlightening course in Modern Russian History called "Tsars, Soviets, and Putin," to meet the non-Western requirement. Next up? "World Wisdom Literature" as an elective for the Ethics and Leadership track. After that, two more electives, two required science classes (for laypeople), and a thesis. Then graduation, God willing.

What will I do with the degree? Ethics and leadership are certainly germane to ministry at Montgomery Place, as to any ministry. And the degree has intrinsic value to me. I recommend the MLA program or the noncredit Basic Program, similar to a Great Books program, to anyone who wants to continue learning in a structured way with talented professors and thoughtful classmates. There are also alumni classes and

free lectures. The Graham School offers several ways to keep the “little gray cells,” a la Hercule Poirot, fit and functioning fluently, and to see this old world through new lenses.

*Rev. Laura Gottardi-Littell, Chaplain and
Director of Pastoral Care*



GUNS! DRUGS!

It is all we hear on the news! I did my US residency in 1973-79 at the University of Chicago Hospitals. During my rotation in surgery, which included the emergency room, I remember encountering a gunshot victim. It was so ugly! Blood everywhere! He was shot in the abdomen, and we recovered five bullets. The smell was horrible. I can still remember some of us almost vomited!

After we moved to Mattoon in Coles County, Illinois, there were no gunshot victims or drug-related deaths. The local hospital, 250 beds, made sure one of the doctors was on call for followup for patients who had no personal physicians, so we knew what happened in the emergency room. The police told us that drugs and guns were a problem in Decatur, and that children were being targeted.

The family physicians who belonged to the Academy of Family Physicians met once a year for continuing medical education and to

discuss issues. In one of those conferences, some of us brought up the subject of the new drug- and gun-related deaths. We came up with the idea that physicians could educate the children in the schools, starting in fifth grade. At that age, boys and girls can be influenced. By the time they are in junior high, they can be exploited.

Family physicians and the Illinois state medical society developed a plan and notified the people in charge of the school system of our plans. I was president of the Coles County Medical Society, a branch of the Illinois state medical society, so I coordinated with the local school principals and the police department.

I went to all fifth grades in the community and talked to children about the bad effects of guns and drugs. I also talked about the bad effects of smoking, such as breathing problems and cancer. The police kept surveillance outside the junior high and high schools until I retired. There were no gunshot victims or drug-related deaths.

One day one of my patients came for a checkup. Her son came with her. He recognized me. He was a fifth grader! He said, “Shantha (I introduced myself in the school as Shantha, and not as doctor), my mom and pop are smoking a lot. They won't stop or cut down.” His mom was shocked! I had to explain how he knew me. I told him that I was so proud of him. I told his mom that he was right, and for his sake to do what he asked.

I was wondering if legalizing marijuana has something to do with increased gun violence. There are ten marijuana stores in Cook County. I read in one of my medical journals that physicians are planning on educating their patients the way we did 37 years ago!

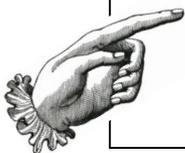
Shantha Monippallil



SPECIAL EVENTS IN

NOVEMBER

TUESDAY	1	11:45 AM	BUS	LSTC: MANZ ORGAN RECITAL BY MARIANNE KIM (P. 3)
WEDNESDAY	2	1:00 PM	BUS	DUSABLE MUSEUM: THE COLOR IS: FASHION (P. 3)
THURSDAY	3	1:00 PM	BUS	GOODMAN THEATRE: <i>SWING STATE</i> (P. 3)
FRIDAY	4	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER ~ BRUCE SAGAN (P. 10)
SATURDAY	5	11:00 AM	BUS	MET LIVE IN HD: <i>LA TRAVIATA</i> (P. 3)
SUNDAY	6	NOON-3 PM	DINING ROOM	FIRST SUNDAY BRUNCH
		2:30 PM	BUS	ROCKEFELLER CHAPEL: UCHICAGO PRESENTS ENSEMBLE BASIANI (P. 3)
TUESDAY	8	6 AM-7 PM	EAST ROOM	MIDTERM ELECTIONS
		7:00 PM	LOUNGE	ELECTION WATCH PARTY
WEDNESDAY	9	NOON	BUS	CHICAGO SHAKESPEARE THEATER: <i>MEASURE FOR MEASURE</i> (P. 4)
FRIDAY	11	NOON	BUS	LUNCH OUTING: SNAIL THAI CUISINE (P. 4)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER ~ BARBARA FLYNN CURRIE (P. 10)
WEDNESDAY	16	1:00 PM	BUS	LYRIC OPERA: <i>LE COMTE ORY</i> (P. 4)
THURSDAY	17	7:00 PM	BUS	COURT THEATRE: <i>THE ISLAND</i> (P. 4)
FRIDAY	18	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS ~ ANDREA SMITH AND JOSIE CHILDS (P. 10)
MONDAY	21	2:00 PM	EAST ROOM	THANKSGIVING SERVICE
THURSDAY	24	NOON-3 PM	DINING ROOM	THANKSGIVING HOLIDAY BUFFET



REGULAR EVENTS CALENDAR: Any event listed on pages 23-24 without a specific date or dates occurs on that day of the week every week. Events listed with specific dates occur on those dates only.

REGULAR EVENTS IN NOVEMBER

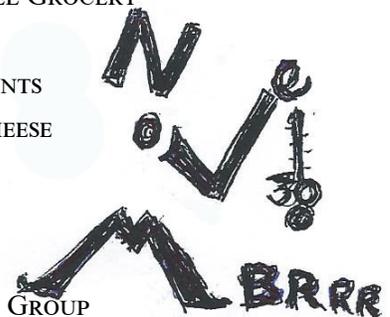
THURS-MON	2:00 PM	LOUNGE/CH 4	AFTERNOON MOVIE
M/W/F	9:30-10:30 AM	THERAPY ROOM	WELLNESS CLINIC
M/W/F	11:00-11:30 AM	EAST ROOM	NEW WAY TO MOVE
M/W/F	11:30 AM-NOON	EAST ROOM	PHYSICAL FITNESS LOW IMPACT
T/Th	1:00 PM	POOL	WATER AEROBICS
T/Th	1:30-2:30 PM	THERAPY ROOM	WELLNESS CLINIC

MONDAY

	9:00 AM	BUS	SOUNDS GOOD CHOIR REHEARSAL
	1:00-2:00 PM	ZOOM	POETRY GROUP (PHIL HEFNER)
14, 28	3:00-4:00 PM	EAST ROOM	TOWN MEETING
21	3:30-4:30 PM	EAST ROOM	BOOKLOVERS GROUP (P. 8)
	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE MOVIE (P. 19)

TUESDAY

	8:15-9:15 AM	BUS	WALGREENS
22	9:30 AM-NOON	THERAPY ROOM	AUDIOLOGIST
1	10:00 AM	EAST ROOM	ACTIVITIES COMMITTEE
	11:00 AM-NOON	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	11:00 AM	BUS	LIBRARY/JEWEL GROCERY
	11:00 AM	EAST ROOM	TAI CHI
	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS
1, 15, 22, 29	3:30-4:30 PM	CONSERVATORY	WINE AND CHEESE
1	7:15-8:15 PM	EAST ROOM	SINGALONG
CANCELED	7:15-8:15 PM	EAST ROOM	PLAYREADERS
29	7:15 PM	LOUNGE/CH 4	MOVIE
22	7:15-8:15 PM	EAST ROOM	SHORT STORY GROUP



WEDNESDAY

	10:00 AM-NOON	BUS	HYDE PARK ERRANDS
9	10:00 AM	LIBRARY	LIBRARY COMMITTEE
	10:45-NOON	ADMIN. OFFICE	HYDE PARK BANK
	11:00-11:55 AM	CHAPEL	CHAPEL SERVICE
	NOON-2 PM	BUS	HYDE PARK ERRANDS
2, 16, 23, 30	1:00-2:00 PM	LOUNGE	HEALTH PRO BALANCE CLASS
9	1:00-2:00 PM	LOUNGE	HEALTH PRO LECTURE
2, 16, 30	1:00-2:00 PM	EAST ROOM	RACE SEMINAR
9	2:15 PM	EAST ROOM	DINING COMMITTEE (P. 9)
2, 16, 23, 30	2:15-3:15 PM	EAST ROOM	POINT OF VIEW
	7:15-8:15 PM	LOUNGE	HEWSON SWIFT CONCERTS (P. 18)

THURSDAY

3, 10, 17	10:00 AM	BUS	MARIANO'S GROCERY
3	11:00 AM	GAME ROOM	MESSENGER PLANNING MEETING
10	11:00 AM	GAME ROOM	SPEAKERS COMMITTEE MEETING (P. 10)
3, 10, 17	11:00 AM	3RD FLOOR LOUNGE	HYMN SING
3, 10, 17	11:00 AM	EAST ROOM	YOGA CLASS
17	NOON	DINING ROOM	RESIDENTS' BIRTHDAY LUNCHEON
3	2:00 PM	GAME ROOM	FILM COMMITTEE (P. 19)
10, 17	2:00 PM	GAME ROOM	MAH-JONGG
17	2:00 PM	CHAPEL	ROMAN CATHOLIC MASS
10	2:30 PM	LLLC	ENVIRONMENTAL SERVICES COMMITTEE
10	3:30 PM	CONSERVATORY	HAPPY HOUR
10	7:15 PM	EAST ROOM	RESIDENTS' COUNCIL (P. 13)
17	7:15 PM	LOUNGE/CH 4	DOCUMENTARY FILM (P. 19)
3, 10, 24	7:15 PM	LOUNGE/CH 4	FOREIGN LANGUAGE FILMS (P. 19)

FRIDAY

	9:15-10:45 AM	STUDIO	DRAWING & PAINTING CLASS
	10:00-11:00AM	LOUNGE/CH 4	DVD SERIES
	11:00 AM-NOON	CHAPEL	ADAPTING TO AGING CONVERSATION
4	11:00 AM-5:00 PM	THERAPY ROOM	PODIATRIST
	4:15 PM	EAST ROOM	SHABBAT SERVICE
4, 11, 18	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (P. 10)

SATURDAY

	8:40 AM-NOON	BUS	SYNAGOGUE TRANSPORTATION
	11:00 AM	CH 4	SIT & BE FIT
	1:30 PM	GAME ROOM	MAH-JONGG
5, 19	7:15 PM	LOUNGE/CH 4	MOVIE MUSICAL (P. 19)
12, 26	7:15 PM	LOUNGE/CH 4	WEEKEND MOVIE

SUNDAY

	9:00 AM-NOON	BUS	CHURCH / SYNAGOGUE TRANSPORTATION
	11:00 AM	CH 4	SIT AND BE FIT
	11:00 AM-NOON	CHAPEL	SUNDAY SERVICE
	1:30 PM	GAME ROOM	CHESS
6, 20	7:15 PM	LOUNGE/CH 4	MOVIE MUSICAL ENCORE (P. 19)
13, 27	7:15 PM	LOUNGE/CH 4	WEEKEND MOVIE ENCORE