



# After School Club Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Wraps	Bagels	Pitta Bread	Crumpets	Muffins
Cheese	Ham	Humous	Chicken	Tuna Mayo
Frube	Malt Loaf	Fruit Loaf	Malt Loaf	Frube
2 Fruits	2 Fruits	2 Fruits	2 Fruits	2 Fruits
2 Vegetables	2 Vegetables	2 Vegetables	2 Vegetables	2 Vegetables

\*this is a sample menu and is subject to change

\*Always available: Bread, Toast, Crackers, Spread, Marmite, Cheese Spread and Water

