

Helping Hands Network Approved Language

The messaging below is approved for use across your school's website and other communications and channels. Simply copy and paste the relevant sections into your school's communications to ensure families receive clear, consistent and up-to-date information about Helping Hands Network.

For additional approved content, visit the [Helping Hands Network website](#).

About Your Outside School Hours Care Provider

Our school has partnered with Helping Hands Network to provide outside school hours care programs for your children. At Helping Hands Network, we are passionate about play and understand the important role it has in a child's positive learning and development.

We provide industry-leading programs designed to enhance children's social and emotional development beyond the school curriculum, while building valuable life skills that prepare them for the future. Helping Hands Network provides fun, play-based learning experiences for children before school, after school and during the holidays. Whether children attend daily or occasionally, every visit is an exciting adventure.

Enrolment

Enrolling is the first step to getting started with Helping Hands. To enrol today, [visit the Helping Hands Network enrolment page](#), or contact the Helping Hands Network Customer Service team on 1300 395 735 for support.

Helping Hands Network's Programs

- Our **before school program**, Rise then Shine, offers energising activities and a nutritious breakfast to set kids up for a positive start to their school day.
- Our **after school program**, Stay and Play, is the perfect opportunity for children to participate in fun activities, build close friendships and wind down after a busy day at school.
- During school holidays, we run a curated **holiday program** called Holiday HQ, offering unique experiences at selected services. Each day brings new

excitement with diverse themes, engaging activities, and entertaining incursions and excursions for an unforgettable break.

Before and After School Care Programs

At Helping Hands Network, we are proud to run the Adventure Program during term time, an industry-leading framework designed to nurture children's potential through play.

The Adventure Program activities are based around seven important categories that support children's development by giving them the opportunity to express themselves through play:

- Flavour Fest – Food and healthy habits
- Global Kids – Sustainability and life skills
- Brain Boosters – STEM and problem-solving
- Wellbeing Warriors – Mindfulness and wellbeing
- Super Sports – Active living
- Power Teams – Teamwork and connection
- Creative Inventors – Creativity and imagination

Our morning program, Rise then Shine, offers energising activities and a nutritious breakfast to set kids up for a positive start to their school day. Our after-school program, Stay and Play, is an opportunity for children to participate in fun activities, build close friendships and wind down after a busy day at school.

[Visit the Helping Hands Network website](#) to learn more about their before and after school care program, including before and after school program opening hours, pricing, and information about the service. to learn more about their before and after school care program, including before and after school program opening hours, pricing, and information about the service.

Holiday Programs

Holiday HQ brings school holidays to life with changing themes and a mix of creative, active and STEM experiences. Offered at select services, it is designed for kids looking for an unforgettable break from their school routine.

No two days are the same, with a variety of daily themes, exciting activities, incursions and excursions to keep kids entertained throughout the holidays.

- **Excursions** offer exciting trips to amazing destinations, including the cinema, wildlife centres, historical sites and more.
- **Make & Takes** give children the opportunity to craft their own unique creation and take it home as a Holiday HQ souvenir.
- **Incursions** bring special performances, games and activities directly to the service.

More information about Holiday HQ is available on the [Helping Hands Network website](#), including holiday program opening hours, pricing, and program activity details., including holiday program opening hours, pricing, and program activity details.

Your Helping Hands Network Team

All Helping Hands Network, team members are qualified and trained with the skills required to provide quality care for each community. They serve as a genuine extension of the school and family home.

They hold the following qualifications and training:

- Current Working with Children Check
- First Aid
- CPR
- Anaphylaxis and Asthma Management
- Child Protection Training
- Food Safety Awareness

Helping Hands Network also provides additional training necessary to each child's needs, such as Behavioural Management or Inclusion Support.

Child Care Subsidy

The Child Care Subsidy (CCS) is a government payment providing financial support to families by subsidising approved childcare costs. Helping Hands Network programs are eligible for the Child Care Subsidy, and families can get up to a 90% rebate of session fees, including Before School Care, After School Care and Holiday HQ.



The Child Care Subsidy is eligible across all of our programs and can help cover the cost of childcare.

Learn more about the Child Care Subsidy on the [Helping Hands Network website](#).