

# STAY AND PLAY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Cream Cheese Bagels	Pizza Bread: slice of bread with tomato puree, grated cheese and salami	Tuna & Mayo Sandwiches	Chicken and tzatziki with Nann Bread	Ham or chicken and grated cheese Wraps
Sliced/ Diced Peppers Cherry Tomatoes	Cucumber Sticks/ Quarters Carrot Sticks	Celery Sticks Cucumber Sticks/ Quarters	Sliced/ Diced Peppers Carrot Sticks	Cucumber Sticks/ Quarters Carrot Sticks
Yogurt	Malt Loaf	Yogurt	Malt Loaf	Yogurt
Houmous Dip	Tzatziki Dip	Roasted Pepper Dip	Houmous Dip	Tzatziki
Strawberries Grapes	Pineapple Apples	Watermelon Blueberries	Apples Oranges	Bananas Grapes
Milk & Fresh Drinking Water (Always available)	Milk & Fresh Drinking Water (Always available)	Milk & Fresh Drinking Water (Always available)	Milk & Fresh Drinking Water (Always available)	Milk & Fresh Drinking Water (Always available)

\*this is a sample menu and is subject to change and subject to availability. All menus and food items are based on guidance outlined in School Food Plan