

THIS IS HOW IT WORKS

1



**BLOOD
COLLECTION**
at the doctor's office

2



**DISCUSSION
OF THE RESULT**
with the doctor

3



**DIETARY
RECOMMENDATIONS**
by the doctor

We help you boost your well-being:



DISCOVER YOUR FOOD INTOLERANCES!

MAD
MACRO ARRAY DIAGNOSTICS

macroarraydx.com

*Ask your
doctor and
find out!*

BOOST YOUR WELL-BEING!

Feeling bloated, suffering from stomach pain, nausea or diarrhea? Struggling with nervousness or headaches?

With our food intolerance test your blood sample is screened against a very comprehensive test panel consisting of 286 antigens for an accurate diagnosis.

The test results give your doctor precise information about your sensitivities as well as possible dietary recommendations.

YOUR BENEFITS

- ACCURATE & RELIABLE TEST RESULTS
- TESTS FOR 286 ANTIGENS
- SUPER FOODS AND OTHER NOVEL FOODS INCLUDED

WHAT IS AN INTOLERANCE?



Every food item can induce a food intolerance and symptoms may occur all over the body. The reaction may appear only within days after consumption and most of the time, the patient does not associate it directly with the consumed food. Therefore, food intolerances frequently remain undetected.

The balance of the intestine has great impact on the overall well-being. An intact gut barrier is hardly permeable and is the key for tolerating food and being healthy.

Under optimal conditions, it constitutes an almost insurmountable barrier for bacteria, viruses, disease pathogens, and components from food. Unhealthy lifestyle habits and other factors can influence the balance of the gut and its permeability and damage it. This allows incompletely digested food components to pass through the intestinal cells, possibly leading to food intolerances.



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