

| CORE MENU | | | | | | | | | | | |
|---|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| MENU ITEM | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
| APPETIZERS | | | | | | | | | | | |
| Bavarian Pretzel | 620 | 280 | 31 | 11 | 0 | 120 | 2290 | 48 | 1 | 38 | 34 |
| Chicken Bacon Ranch Quesadilla | 1240 | 750 | 84 | 26 | 0 | 200 | 2750 | 60 | 2 | 7 | 60 |
| Chips & Spicy White Queso | 520 | 340 | 38 | 17 | 0 | 80 | 1590 | 31 | 1 | 8 | 16 |
| Crispy Pickle Chips | 690 | 430 | 47 | 8 | 0 | 0 | 2430 | 56 | 3 | 7 | 8 |
| Fried Okra | 340 | 150 | 17 | 3 | 0 | 0 | 1940 | 41 | 4 | 0 | 6 |
| Loaded Potato Skins | 1400 | 990 | 109 | 41 | 0 | 235 | 2180 | 44 | 6 | 4 | 62 |
| Spicy Jack Cheese Wedges | 720 | 440 | 48 | 33 | 0 | 120 | 1960 | 44 | 0 | 1 | 24 |
| Spinach & Artichoke Dip | 710 | 300 | 34 | 12 | 0 | 45 | 1250 | 77 | 9 | 3 | 18 |
| Top Shelf Combination Appetizer | 1880 | 1190 | 132 | 48 | 0 | 310 | 3300 | 74 | 4 | 9 | 88 |
| ½ LB. 100% AMERICAN ANGUS BURGERS | | | | | | | | | | | |
| Bacon Cheddar Burger (no side) | 1060 | 680 | 76 | 28 | 2.5 | 180 | 1900 | 46 | 2 | 9 | 48 |
| BBQ Onion Burger (no side) | 1330 | 830 | 92 | 30 | 2.5 | 170 | 2520 | 79 | 3 | 24 | 46 |
| Classic Cheeseburger (with American, no side) | 950 | 590 | 66 | 25 | 3 | 160 | 1910 | 47 | 2 | 9 | 41 |
| The Smashburger (no side) | 1120 | 760 | 85 | 27 | 2.5 | 160 | 2330 | 52 | 1 | 15 | 37 |
| SANDWICHES | | | | | | | | | | | |
| BLT (no side) | 770 | 450 | 50 | 10 | 0 | 60 | 1370 | 56 | 2 | 8 | 19 |
| Club Sandwich (no side) | 950 | 760 | 85 | 19 | 2 | 135 | 2850 | 91 | 6 | 12 | 46 |
| Club Sandwich, Half (no soup or salad) | 800 | 500 | 55 | 11 | 1 | 75 | 1540 | 49 | 3 | 9 | 23 |
| French Dip (no side) | 830 | 240 | 27 | 13 | 0 | 120 | 3240 | 80 | 3 | 2 | 55 |
| Ultimate Chicken Sandwich, Fried (no side) | 960 | 550 | 61 | 10 | 0 | 100 | 1720 | 60 | 2 | 7 | 39 |
| Ultimate Chicken Sandwich, Fried, Buffalo (no side) | 1000 | 580 | 65 | 10 | 0 | 100 | 3650 | 64 | 2 | 7 | 39 |
| Ultimate Chicken Sandwich, Grilled (no side) | 690 | 370 | 41 | 7 | 0 | 100 | 1130 | 44 | 1 | 7 | 36 |
| Ultimate Chicken Sandwich, Grilled, Buffalo (no side) | 730 | 400 | 45 | 7 | 0 | 100 | 3060 | 48 | 1 | 7 | 36 |

| MENU ITEM | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
|---|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| ENTRÉE SALADS | | | | | | | | | | | |
| California Salad, without dressing | 450 | 210 | 23 | 6 | 0 | 20 | 430 | 51 | 8 | 38 | 11 |
| California Salad, Chicken, without dressing | 610 | 250 | 28 | 7 | 0 | 100 | 970 | 54 | 8 | 39 | 38 |
| California Salad, Salmon, without dressing | 920 | 460 | 51 | 12 | 0 | 165 | 720 | 52 | 8 | 38 | 61 |
| California Salad, Sirloin, without dressing | 790 | 420 | 46 | 15 | 0 | 145 | 1960 | 52 | 8 | 38 | 43 |
| Caesar Salad | 470 | 360 | 40 | 9 | 0 | 40 | 1040 | 19 | 4 | 2 | 11 |
| Caesar Salad, Chicken | 710 | 490 | 55 | 11 | 0 | 120 | 1580 | 22 | 4 | 3 | 38 |
| Caesar Salad, Salmon | 970 | 670 | 74 | 15 | 0 | 170 | 1310 | 20 | 4 | 2 | 56 |
| Caesar Salad, Sirloin | 890 | 650 | 72 | 19 | 0 | 165 | 2570 | 20 | 4 | 3 | 43 |
| Southern Fried Chicken Salad | 1550 | 990 | 110 | 26 | 0 | 440 | 2210 | 48 | 5 | 18 | 82 |
| Southern Pecan Chicken Tender Salad | 1550 | 950 | 106 | 18 | 0 | 110 | 1630 | 95 | 10 | 53 | 50 |
| SALAD DRESSINGS | | | | | | | | | | | |
| Balsamic Vinaigrette, 2 oz. | 280 | 230 | 26 | 4 | 0 | 0 | 90 | 12 | 0 | 12 | 0 |
| Balsamic Vinaigrette, 3 oz. | 420 | 350 | 39 | 6 | 0 | 0 | 135 | 18 | 0 | 18 | 0 |
| Bleu Cheese Dressing, 2 oz. | 300 | 290 | 32 | 4 | 0 | 20 | 520 | 2 | 0 | 2 | 2 |
| Bleu Cheese Dressing, 3 oz. | 450 | 430 | 48 | 6 | 0 | 30 | 780 | 3 | 0 | 3 | 3 |
| Honey Mustard Dressing, 2 oz. | 340 | 310 | 34 | 5 | 0 | 20 | 300 | 10 | 0 | 8 | 0 |
| Honey Mustard Dressing, 3 oz. | 510 | 460 | 51 | 7 | 0 | 30 | 450 | 15 | 0 | 12 | 0 |
| Light Ranch Dressing, 2 oz. | 70 | 45 | 5 | 1 | 0 | 10 | 520 | 4 | 0 | 4 | 2 |
| Light Ranch Dressing, 3 oz. | 100 | 70 | 7 | 1.5 | 0 | 15 | 780 | 6 | 0 | 6 | 3 |
| Ranch Dressing, 2 oz. | 220 | 200 | 22 | 4 | 0 | 20 | 380 | 4 | 0 | 2 | 2 |
| Ranch Dressing, 3 oz. | 330 | 300 | 33 | 6 | 0 | 30 | 570 | 6 | 0 | 3 | 3 |
| Thousand Island Dressing, 2 oz. | 240 | 200 | 22 | 4 | 0 | 20 | 440 | 6 | 0 | 6 | 2 |
| Thousand Island Dressing, 3 oz. | 360 | 300 | 33 | 6 | 0 | 30 | 660 | 9 | 0 | 9 | 3 |
| SOUTHERN COMFORTS | | | | | | | | | | | |
| Buttermilk Fried Shrimp Dinner (no side) | 740 | 440 | 49 | 8 | 0 | 185 | 1680 | 56 | 4 | 10 | 25 |

Nutrition Information

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|--|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| SOUTHERN COMFORTS CONT. | | | | | | | | | | | |
| Country Fried Steak (no side) | 520 | 270 | 30 | 8 | 0 | 55 | 1570 | 38 | 1 | 0 | 20 |
| Grilled Chicken Dinner (no side) | 330 | 90 | 10 | 2 | 0 | 160 | 1080 | 5 | 0 | 2 | 54 |
| Hand Battered Fish n' Chips | 1420 | 830 | 92 | 15 | 0 | 170 | 2080 | 85 | 6 | 10 | 57 |
| Hand-Breaded Catfish Dinner w/ Fries & Coleslaw | 1720 | 1110 | 124 | 24 | 0 | 150 | 2660 | 103 | 7 | 22 | 43 |
| Honey-Drizzled Southern Fried Chicken | 430 | 230 | 25 | 5 | 0 | 80 | 980 | 18 | 1 | 1 | 30 |
| Meatloaf Dinner (no side) | 530 | 270 | 30 | 13 | 0 | 140 | 1560 | 31 | 3 | 15 | 29 |
| Shrimp and Grits | 720 | 400 | 44 | 15 | 3.5 | 115 | 1790 | 54 | 6 | 5 | 26 |
| O'CHARLEY'S FAMOUS CHICKEN TENDERS | | | | | | | | | | | |
| O'Charley's Chicken Tenders & Fries with Honey Mustard | 1430 | 760 | 85 | 14 | 0 | 180 | 1960 | 81 | 6 | 6 | 69 |
| O'Charley's Chicken Tender Dinner (no side) | 1100 | 590 | 65 | 11 | 0 | 200 | 1490 | 37 | 2 | 6 | 72 |
| CHICKEN TENDER SAUCES | | | | | | | | | | | |
| Tender Sauce, Buffalo | 40 | 35 | 4 | 0 | 0 | 0 | 1930 | 4 | 0 | 0 | 0 |
| Tender Sauce, Chipotle | 140 | 0 | 0 | 0 | 0 | 0 | 580 | 32 | 0 | 28 | 0 |
| Tender Sauce, Honey Boom Boom | 320 | 310 | 34 | 5 | 0 | 30 | 540 | 6 | 0 | 4 | 0 |
| Tender Sauce, Smokey Honey BBQ | 290 | 230 | 26 | 4 | 0 | 15 | 480 | 15 | 0 | 11 | 0 |
| PASTAS | | | | | | | | | | | |
| Chicken Parmesan | 1170 | 450 | 50 | 13 | 0 | 145 | 3190 | 118 | 6 | 8 | 66 |
| Garlic Steak Pasta | 1780 | 1210 | 137 | 46 | 0 | 200 | 4960 | 89 | 7 | 7 | 54 |
| New Orleans Cajun Chicken Pasta | 1150 | 550 | 61 | 21 | 3.5 | 155 | 2790 | 100 | 7 | 9 | 50 |
| New Orleans Cajun Shrimp Pasta | 1050 | 510 | 56 | 20 | 3.5 | 145 | 2600 | 98 | 7 | 8 | 36 |
| SEAFOOD | | | | | | | | | | | |
| Cedar-Planked Salmon (no side) | 420 | 220 | 25 | 5 | 0 | 125 | 390 | 2 | 0 | 1 | 45 |
| Atlantic Salmon (no side) | 450 | 250 | 28 | 6 | 0 | 125 | 270 | 2 | 1 | 0 | 45 |

Nutrition Information

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|--|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| SEAFOOD | | | | | | | | | | | |
| Atlantic Salmon, Blackened (no side) | 450 | 250 | 28 | 6 | 0 | 125 | 480 | 3 | 1 | 1 | 45 |
| Atlantic Salmon, Chipotle (no side) | 550 | 250 | 28 | 6 | 0 | 125 | 710 | 26 | 1 | 21 | 45 |
| Seafood Combo Platter | 1950 | 1090 | 121 | 22 | 0 | 265 | 2970 | 141 | 9 | 27 | 71 |
| STEAKS, RIBS, & COMBOS | | | | | | | | | | | |
| Create Your Combo, Chicken Tenders with Honey Mustard, 3 ea. | 720 | 420 | 47 | 8 | 0 | 115 | 1080 | 28 | 1 | 6 | 39 |
| Create Your Combo, Fried Shrimp with Cocktail Sauce, 5 ea. | 370 | 140 | 16 | 2.5 | 0 | 120 | 1300 | 39 | 2 | 11 | 20 |
| Create Your Combo, Grilled Chicken, 5 oz. | 160 | 45 | 5 | 1 | 0 | 80 | 540 | 3 | 0 | 1 | 27 |
| Create Your Combo, Half Rack Ribs | 620 | 280 | 31 | 11 | 0 | 120 | 2290 | 48 | 1 | 38 | 34 |
| Create Your Combo, Salmon, 8 oz. | 450 | 250 | 28 | 6 | 0 | 125 | 270 | 2 | 1 | 0 | 45 |
| Create Your Combo, Sirloin, 6 oz. | 270 | 160 | 18 | 7 | 0 | 100 | 850 | 0 | 0 | 0 | 25 |
| Grilled Top Sirloin, 6 oz. (no side) | 270 | 160 | 18 | 7 | 0 | 100 | 850 | 0 | 0 | 0 | 25 |
| Grilled Top Sirloin, 12 oz. (no side) | 530 | 320 | 36 | 14 | 0 | 195 | 1690 | 1 | 0 | 0 | 50 |
| Hand-Cut Ribeye Steak, 12 oz. (no side) | 850 | 590 | 66 | 27 | 4 | 215 | 2630 | 2 | 0 | 0 | 64 |
| Louisiana Sirloin (no side) | 600 | 380 | 43 | 16 | 1.5 | 200 | 1710 | 3 | 1 | 0 | 50 |
| O'Charley's Baby Back Ribs (no side) | 1240 | 560 | 62 | 22 | 0.5 | 240 | 4580 | 95 | 3 | 76 | 67 |
| Prime Rib Dinner, 12 oz. (no side) | 1150 | 860 | 95 | 33 | 0 | 245 | 1070 | 3 | 0 | 1 | 61 |
| STEAK TOPPERS | | | | | | | | | | | |
| Steak Topper, Bleu Cheese | 80 | 60 | 7 | 4 | 0 | 15 | 320 | 1 | 0 | 0 | 5 |
| Steak Topper, Cajun Mushrooms | 35 | 25 | 3 | 0.5 | 0 | 0 | 280 | 2 | 1 | 1 | 2 |
| Steak Topper, Caramelized Onions | 50 | 20 | 2.5 | 0 | 0 | 0 | 270 | 7 | 1 | 3 | 1 |
| SIDES | | | | | | | | | | | |
| Baked Potato, 1 Each | 200 | 10 | 1 | 0 | 0 | 0 | 730 | 50 | 6 | 6 | 8 |

Nutrition Information

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|---|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| SIDES CONT. | | | | | | | | | | | |
| Broccoli, 5 oz. | 110 | 70 | 8 | 2.5 | 0 | 0 | 450 | 6 | 3 | 0 | 3 |
| Cheesy Grits | 420 | 220 | 24 | 10 | 0 | 25 | 810 | 41 | 2 | 0 | 10 |
| Coleslaw, 1 Portion | 200 | 130 | 15 | 4 | 0 | 25 | 220 | 12 | 1 | 8 | 2 |
| French Fries, 6 oz. | 400 | 220 | 24 | 4 | 0 | 0 | 310 | 40 | 4 | 0 | 4 |
| Fried Okra (side) | 340 | 150 | 17 | 3 | 0 | 0 | 1940 | 41 | 4 | 0 | 6 |
| Green Beans, 1 Portion | 60 | 0 | 0 | 0 | 0 | 0 | 800 | 11 | 5 | 3 | 2 |
| Grilled Asparagus, 1 Portion | 60 | 45 | 5 | 2 | 0 | 0 | 290 | 3 | 2 | 1 | 2 |
| House Caesar | 290 | 210 | 23 | 6 | 0 | 25 | 660 | 15 | 2 | 1 | 9 |
| House Salad (no dressing) | 150 | 60 | 7 | 2.5 | 0 | 15 | 250 | 19 | 3 | 4 | 7 |
| Loaded Baked Potato, 1 Portion | 490 | 240 | 27 | 13 | 0 | 50 | 1080 | 53 | 6 | 7 | 17 |
| Loaded Potato Soup, Bowl | 360 | 220 | 24 | 5 | 0 | 15 | 1310 | 29 | 1 | 4 | 4 |
| Mac & Cheese | 450 | 200 | 22 | 9 | 3.5 | 35 | 200 | 47 | 2 | 3 | 15 |
| Mashed Sweet Potatoes | 180 | 30 | 3.5 | 1.5 | 0 | 5 | 270 | 35 | 4 | 18 | 3 |
| Seasoned Rice Pilaf, 1 Portion | 160 | 40 | 4 | 0.5 | 0.5 | 0 | 620 | 27 | 1 | 3 | 3 |
| Smashed Potatoes | 350 | 140 | 16 | 3.5 | 0 | 15 | 860 | 44 | 4 | 4 | 8 |
| Sweet Potato Waffle Fries | 400 | 260 | 29 | 5 | 0 | 0 | 210 | 30 | 2 | 0 | 2 |
| Unsliceably Soft Yeast Roll | 130 | 20 | 2 | 0 | 0 | 0 | 105 | 25 | 1 | 8 | 4 |
| DESSERTS | | | | | | | | | | | |
| Apple Pie | 670 | 340 | 38 | 16 | 0 | 10 | 720 | 81 | 4 | 37 | 4 |
| Brownie Lovers' Brownie Sundae | 1650 | 690 | 77 | 45 | 0 | 260 | 1420 | 227 | 9 | 154 | 24 |
| Chocolate Chip Cookie Skillet | 1080 | 450 | 50 | 25 | 0 | 120 | 540 | 153 | 5 | 99 | 13 |
| Ooey Goey Caramel Pie, Slice | 640 | 350 | 39 | 19 | 2.5 | 115 | 230 | 76 | 1 | 66 | 7 |
| Ooey Goey Caramel Pie, Whole | 4320 | 1960 | 217 | 109 | 19 | 640 | 1780 | 588 | 10 | 513 | 58 |
| Strawberry Cheesecake | 710 | 420 | 46 | 26 | 1.5 | 190 | 530 | 71 | 2 | 59 | 9 |
| KIDS | | | | | | | | | | | |
| Jr. Alfredo Pasta | 530 | 160 | 17 | 8 | 0 | 35 | 850 | 74 | 3 | 3 | 16 |
| Jr. Cheeseburger (no side) | 560 | 300 | 34 | 12 | 1.5 | 80 | 1200 | 42 | 2 | 8 | 23 |
| Jr. Chicken Tenders (no side, no sauce) | 340 | 140 | 16 | 3 | 0 | 75 | 510 | 12 | 1 | 0 | 29 |

Nutrition Information

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|---|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| KIDS CONT. | | | | | | | | | | | |
| Jr. Chicken Tenders (no side, Honey Mustard) | 570 | 360 | 40 | 6 | 0 | 80 | 790 | 21 | 1 | 6 | 26 |
| Jr. Chicken Tenders (no side, Ranch) | 480 | 270 | 31 | 6 | 0 | 80 | 850 | 16 | 1 | 1 | 28 |
| Jr. Chicken Tenders, Large (no side, Honey Mustard) | 720 | 420 | 47 | 8 | 0 | 115 | 1080 | 28 | 1 | 6 | 39 |
| Jr. Chicken Tenders, Large (no side, Ranch) | 630 | 340 | 38 | 7 | 0 | 115 | 1140 | 23 | 1 | 1 | 41 |
| Jr. Grilled Cheese (no side) | 540 | 230 | 26 | 9 | 0 | 40 | 790 | 52 | 1 | 4 | 20 |
| Jr. Hamburger (no cheese, no side) | 490 | 250 | 28 | 9 | 1 | 60 | 900 | 41 | 2 | 8 | 20 |
| Mac & Cheese (no side) | 310 | 110 | 12 | 5 | 0 | 10 | 570 | 40 | 2 | 4 | 9 |
| Mac & Cheese Chicken Tender Bowl (no side) | 610 | 250 | 27 | 8 | 0 | 80 | 1160 | 47 | 2 | 4 | 35 |
| Mini Corn Dogs, Kids (no side, Honey Mustard) | 740 | 560 | 62 | 13 | 0 | 50 | 1060 | 34 | 2 | 13 | 11 |
| Mini Corn Dogs, Kids (no side, Ranch) | 650 | 480 | 53 | 13 | 0 | 50 | 1120 | 30 | 2 | 9 | 12 |
| KIDS SIDES | | | | | | | | | | | |
| Applesauce, 1 Portion | 50 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 1 | 11 | 0 |
| Broccoli, 2.5 oz. Portion | 55 | 3.5 | 4 | 1.5 | 0 | 0 | 225 | 3 | 2.5 | 0 | 2 |
| French Fries, Kids | 230 | 130 | 14 | 2.5 | 0 | 0 | 260 | 23 | 2 | 0 | 2 |
| Mandarin Orange Slices | 60 | 0 | 0 | 0 | 0 | 0 | 10 | 15 | 1 | 14 | 1 |
| Smashed Potatoes | 160 | 140 | 15 | 2.5 | 0 | 0 | 550 | 24 | 2 | 0 | 3 |
| Tater Tots | 500 | 320 | 35 | 6 | 0 | 0 | 730 | 38 | 2 | 0 | 4 |

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| LUNCH MENU | | | | | | | | | | | |
|-----------------------------|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| MENU ITEM | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
| ¼ lb. Smashburger | 790 | 500 | 56 | 16 | 1.5 | 90 | 1660 | 51 | 1 | 14 | 23 |
| Chicken Parm Sub | 1060 | 480 | 54 | 13 | 0 | 120 | 2710 | 81 | 3 | 11 | 58 |
| Chicken Tortilla Soup | 290 | 130 | 14 | 0 | 0 | 15 | 850 | 32 | 2 | 0 | 12 |
| Grouper Sandwich | 990 | 540 | 61 | 10 | 0 | 75 | 2080 | 71 | 2 | 15 | 39 |
| Meatball Sub | 1070 | 630 | 70 | 21 | 0 | 110 | 3010 | 71 | 4 | 10 | 45 |
| Signature Reuben Sandwich | 1030 | 520 | 58 | 20 | 0 | 170 | 3270 | 67 | 2 | 11 | 53 |
| Southern-Fried Chicken Wrap | 1350 | 720 | 80 | 22 | 0 | 180 | 3740 | 89 | 4 | 13 | 58 |

| DAILY DINNER DEALS MENU | | | | | | | | | | | |
|-------------------------------|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| MENU ITEM | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
| Chicken Carbonara | 1400 | 680 | 76 | 32 | 0 | 290 | 3170 | 109 | 4 | 13 | 69 |
| Chipotle Pork Loin (no sides) | 510 | 140 | 16 | 5 | 0 | 160 | 2370 | 28 | 0 | 20 | 55 |
| Salisbury Steak (no sides) | 870 | 610 | 68 | 22 | 3.5 | 160 | 1790 | 28 | 3 | 6 | 37 |
| Shrimp Scampi | 1380 | 850 | 97 | 27 | 0.5 | 175 | 3200 | 89 | 6 | 5 | 46 |
| Teriyaki Chicken (no sides) | 700 | 170 | 19 | 3.5 | 0 | 160 | 2590 | 72 | 1 | 42 | 61 |

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| SEAS THE DAY LTO MENU | | | | | | | | | | | |
|-------------------------------|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| MENU ITEM | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
| Cajun Shrimp Topped Crab Cake | 1200 | 720 | 81 | 19 | 9 | 175 | 3990 | 90 | 9 | 11 | 34 |
| Crab Cake BLT, no side | 890 | 470 | 53 | 11 | 0 | 100 | 2630 | 77 | 3 | 9 | 27 |
| Crab Cake, add on | 700 | 500 | 56 | 9 | 0 | 110 | 2560 | 37 | 1 | 3 | 16 |
| Clam Chowder | 340 | 220 | 25 | 15 | 1 | 105 | 1090 | 20 | 1 | 6 | 10 |
| Buttered Corn Side | 150 | 50 | 6 | 1 | 0 | 0 | 360 | 19 | 4 | 9 | 3 |

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PARTY PLATTERS

| MENU ITEM | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
|--------------------------------------|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| BBQ Sauce, 8 oz. | 480 | 0 | 0 | 0 | 0 | 0 | 4000 | 112 | 0 | 80 | 0 |
| Bleu Cheese Dressing, 8 oz. | 1190 | 1120 | 125 | 16 | 2 | 85 | 2080 | 7 | 1 | 5 | 9 |
| Buffalo Sauce, 8 oz. | 160 | 140 | 16 | 0 | 0 | 0 | 7730 | 16 | 0 | 0 | 0 |
| California Chicken Salad | 3830 | 2180 | 243 | 48 | 0 | 400 | 4320 | 276 | 33 | 214 | 153 |
| Chicken Tenders, 36 each, no sauce | 5620 | 2280 | 253 | 47 | 0 | 1190 | 10260 | 243 | 14 | 0 | 470 |
| Chipotle Sauce, 8 oz. | 560 | 0 | 0 | 0 | 0 | 0 | 2320 | 128 | 0 | 112 | 0 |
| Club Sandwich | 5160 | 3290 | 368 | 79 | 0 | 570 | 10220 | 267 | 7 | 64 | 168 |
| Combination Appetizer | 7610 | 4940 | 549 | 190 | 0 | 1240 | 13210 | 297 | 18 | 45 | 324 |
| Dip Sampler | 3080 | 1440 | 160 | 63 | 0 | 270 | 8100 | 326 | 28 | 33 | 78 |
| Honey Mustard Dressing, 8 oz. | 1360 | 1220 | 136 | 20 | 0 | 80 | 1200 | 40 | 0 | 32 | 0 |
| Ranch Dressing, 8 oz. | 880 | 790 | 88 | 16 | 0 | 80 | 1520 | 16 | 0 | 8 | 8 |
| Ribs & Tenders, no dressing or sauce | 6230 | 2640 | 293 | 76 | 1 | 1275 | 15990 | 352 | 15 | 152 | 448 |
| Ribs | 4200 | 1680 | 187 | 67 | 1.5 | 720 | 17730 | 397 | 8 | 308 | 202 |
| Smokey Honey BBQ Sauce, 8 oz. | 1140 | 920 | 102 | 15 | 0 | 60 | 1900 | 58 | 0 | 44 | 0 |
| Southern Pecan Chicken Tender Salad | 5970 | 3590 | 398 | 69 | 0 | 435 | 6470 | 374 | 46 | 203 | 202 |
| Southern-Fried Chicken Salad | 5430 | 3420 | 380 | 99 | 0 | 1580 | 8380 | 192 | 27 | 78 | 286 |
| Spinach & Artichoke Dip | 2960 | 1450 | 162 | 58 | 0 | 215 | 5490 | 302 | 32 | 13 | 68 |

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| FAMILY-STYLE MEALS | | | | | | | | | | | |
|---|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------|------------------|-------------|
| MENU ITEM | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
| ENTREES | | | | | | | | | | | |
| Bacon Cheeseburger & Tenders, no sides | 6450 | 3540 | 395 | 133 | 10 | 990 | 10700 | 376 | 17 | 77 | 317 |
| Cajun Chicken Pasta with Rolls, no salad | 4620 | 2190 | 244 | 86 | 13 | 625 | 11150 | 401 | 29 | 35 | 202 |
| Chicken Alfredo Pasta, no salad | 3100 | 1090 | 121 | 58 | 0 | 640 | 8810 | 297 | 13 | 10 | 194 |
| Chicken Tenders, no sauces or sides | 3910 | 1580 | 176 | 32 | 0 | 825 | 7120 | 169 | 10 | 0 | 326 |
| Grilled Chicken, no sauces or sides | 920 | 170 | 19 | 4 | 0 | 560 | 3370 | 4 | 1 | 0 | 173 |
| Honey Drizzled Southern Fried Chicken, no sides | 2930 | 1350 | 150 | 29 | 0 | 495 | 5910 | 197 | 6 | 94 | 183 |
| Meatballs & Penne, no salad | 4130 | 1950 | 216 | 62 | 0 | 430 | 12480 | 373 | 25 | 33 | 178 |
| Ribs & Chicken Tenders, no sides | 4180 | 2240 | 249 | 53 | 0.5 | 695 | 9270 | 217 | 8 | 108 | 224 |
| Seafood Combo, no sides | 4570 | 2670 | 297 | 49 | 0 | 780 | 9950 | 280 | 15 | 69 | 198 |
| Sirloin Steaks | 1150 | 730 | 81 | 30 | 0 | 390 | 3390 | 2 | 0 | 0 | 100 |
| Steaks & Chicken Tenders, no sauces or sides | 3020 | 1490 | 166 | 45 | 0 | 785 | 6810 | 83 | 5 | 0 | 257 |
| SIDES | | | | | | | | | | | |
| Broccoli | 460 | 290 | 33 | 10 | 0 | 5 | 1880 | 39 | 18 | 8 | 13 |
| Caesar Salad | 910 | 720 | 80 | 17 | 0 | 85 | 2060 | 32 | 5 | 3 | 20 |
| Cole Slaw | 810 | 540 | 59 | 17 | 0 | 100 | 890 | 49 | 4 | 34 | 9 |
| Green Beans | 220 | 0 | 0 | 0 | 0 | 0 | 2980 | 39 | 17 | 11 | 6 |
| House Salad, no dressing | 300 | 120 | 14 | 6 | 0 | 25 | 480 | 35 | 5 | 8 | 15 |
| Mac & Cheese | 1670 | 590 | 66 | 27 | 0 | 65 | 3020 | 210 | 9 | 20 | 50 |
| Mashed Sweet Potatoes | 710 | 120 | 13 | 5 | 0 | 25 | 1070 | 140 | 16 | 70 | 11 |
| Rice Pilaf | 640 | 150 | 17 | 2.5 | 0 | 0 | 2240 | 108 | 2 | 13 | 13 |
| Rolls, 6 ea. with butter blend | 970 | 330 | 37 | 9 | 0 | 5 | 810 | 138 | 6 | 42 | 18 |
| Smashed Potatoes | 840 | 330 | 37 | 8 | 0 | 25 | 2050 | 115 | 10 | 10 | 16 |

O'Charley's has made every effort to ensure that the nutrition information provided is accurate. However, because of the handcrafted nature of our menu items, the variety of procedures used in our kitchens and our reliance on our suppliers, we can make no guarantees of its accuracy and disclaim liability for the use of this information. If you have any questions about this information, please ask to speak with a manager.