

# Thriving in ~~Surviving~~ Your

# First Semester



## 1. It's okay to be nervous, but don't let that stop you

There is a lot of unknown your freshman year; go ahead and embrace it!

## 2. Go to welcome events

Investigate all the clubs that are interesting to you, and then stick with the ones you really enjoy.

## 3. Get organized

Find a planner that works for you — electronic or paper. Keep all of your due dates, exams and projects in one place.

## 4. Take your education seriously

You're paying a lot of money for your classes. Make your investment worthwhile. Go to class and study.

## 5. Take care of yourself

Sleep. Exercise. Eat some vegetables. Drink water. You'll have a busy schedule, but don't forget to take care of yourself, too!

## 6. Branch out

Get to know people on campus and in the community. Find those who will help you grow personally and professionally.

## 7. Ask for help

Get acquainted with your professors. Take advantage of office hours. Ask for help — with homework or job references.

## 8. Explore your field of study

Learn about opportunities in your field. Job shadow, intern and attend conferences and on-campus events.

## 9. Don't always wait for next year

Whether it's looking for an internship or studying abroad, seize opportunities now. Four years will fly by!

## 10. Apply for AFA Leaders Conference

Come network with your peers and industry professionals. Invest in your employability skills. Learn more about Leaders Conference on the back.



**Nov. 10-13, 2022**  
**Kansas City, Missouri**  
**[agfuture.org/conference](http://agfuture.org/conference)**

Energize your passion for agriculture and engage in premiere professional development training. Agriculture Future of America Leaders Conference bridges the gap between academic, leadership and work experiences.

Freshmen are placed in Track 1, which is designed specifically for you! Attend Leaders Conference to gain insights on:

- **Peer and professional networking**
- **Self and career assessment**
- **Goal setting**
- **Time management**

## **Apply Today!**

*The only cost to students selected for AFA events is travel. AFA and its partners cover hotel, meal and event material costs.*

**Applications are due Sept. 7, 2022**

