

6th Year Biology Grinds

Week	Topic
1: Sept 1st	Biology 2025/2026 Layout, The Scientific Method (U1) & Characteristics of Life (U1)
2: Sept 8th	Food/Biomolecules (U1)
3: Sept 15th	Cell Diversity (U2) & Cell Structure (U2)
4: Sept 22nd	Enzymes (U2)
5: Sept 29th	Diffusion & Osmosis (U2)
6: Oct 6th	Photosynthesis (U2)
7: Oct 13th	Respiration (U2)
8: Oct 20th	Cell Division (U2)
Mid Term Break	
9: Nov 3rd	DNA & RNA (U2)
10: Nov 10th	Genetic Crosses I (U2)
11: Nov 17th	Genetic Crosses II (U2)
12: Nov 24th	Variation and Evolution (U2) & Genetic Engineering (U2)
13: Dec 1st	Kingdoms of Life (U3) & Monera (U3)
Christmas Break	
14: Jan 5th	Fungi (U3)
15: Jan 12th	Protista (U3) & Viruses (U3)
16: Jan 19th	Homeostasis (U3) & Circulatory System (U3) & Lymphatic System (U3)
17: Jan 26th	Digestive System (U3)

18: Feb 2nd	Breathing System (U3) & Excretory System I (U3)
19: Feb 9th	Excretory System II (U3) & Skeleton and Muscles (U3)
Mid Term Break	
20: Feb 23rd	Nervous System I (U3)
21: March 2nd	Nervous System II (U3) & Senses (U3)
22: March 9th	Endocrine System (U3)
23: March 16th	Human Defence (U3)
24: March 23rd	Reproductive System I (U3)
Easter Break	
25: April 13th	Reproductive System II (U3)
26: April 20th	Ecology I (U1)
27: April 27th	Ecology II (U1) & Habitat Study (U1)
28: May 4th	Plant Biology (U3)
29: May 11th	Plant Biology (U3)