

# *Doc's* Place

Serving men in recovery since 2007

Our Mission: Doc's Place is a long-term residential recovery program for men offering a safe, structured, and stable environment which promotes recovery from alcoholism and substance abuse thus the individual may successfully transition to a sober, productive, happy, and meaningful life.

**Contact Information:**

**Nathan Faulkenberry,  
Owner**

nate@docsplacerecovery.com  
912.223.4363

**Mathew Youngblood,  
Program Director**

[director@docsplacerecovery.com](mailto:director@docsplacerecovery.com)  
912.223.4110

## **Our Story**

Our story starts with a humble beginning; one alcoholic trying to help another. Palmer Fortune took an alcoholic, who would be our first resident, into his home to help him sober up. Seeing a need for a solid long-term recovery program for men with addictions to alcohol and drugs, **Doc's Place was born in 2007**. With little means, faith, and lots of help from Palmer's sponsor Doc, the program was a success.

Doc's Place has grown rapidly over the past few years from one house with a few guys to three homes with close to thirty men. We have relied on the amazing support of the local community and the success of our own residents for referrals, which has kept us busy.

The men in Doc's Place and the recovery community in Glynn County are what have made us successful. We have been blessed by the involvement of countless men in the community and our own alumni. A good number of our residents have stayed in the area and are still active in our program through sponsorship and mentoring. Most of the men in the recovery community have consistently reached out to our residents and helped them become contributing members of society.

Doc's Place has maintained a great reputation in the local workforce, service community, and our own neighborhood solely because of our residents. The men in our program are constantly sought out help in our community and from local businesses.

Our residents attend daily 12 step meetings, work on themselves with the help of sponsors and the 12 steps, are involved in local community projects, maintain the appearance of their respective homes, and work full time jobs. We do encourage our residents to learn how to have fun sober! Doc's Place is located down the road from multiple waterfronts, beaches, parks, and outdoor areas. The men go to the beach, play sports, go fishing, work out, attend community and recovery events, and anything fun that their safety and recovery permit. Although our program requires at least one year to complete, most of our residents stay longer on their own volition and often make a life for themselves here in the area. This is a design for living, and for those of us privileged enough to surrender and buy in, it is a way of life that brings us happiness, joy, and freedom.

Our statistics include every single man that has come through whether for a few days or until completion and we don't assume the continued sobriety of former residents we have lost touch with. The positive statistics reflect residents we know to be sober and still involved in recovery. For residents that stay for at least the one-year requirement for completion, 60% are still sober today. For those who stay between 16 and 18 months, over 80% are still sober today. *\*Statistics updated 2017*

Doc's Place is now run by a long-standing alumnus of the program, Nate Faulkenberry. He carries on the tradition of Doc's Place success in recovery, community, and commitment to values.

## **A Residential Recovery Program for Men**

Doc's Place is a long-term residential Drug and Alcohol Rehabilitation Program designed to help men recover from drug addiction and/or alcoholism. The Program consists of group counseling, individual assessments, attendance of 12-Step meetings, structured living with curfew, 24/7 accountability and a work study program where the residents are expected to pay their own way by working a full-time job in the local community. Residents are subject to random Drug Screens each week.

Counseling is done at the Doc's Place by a certified professional counselor.

Since 2007, Doc's Place has been providing long term structured support and therapy to individuals suffering from alcoholism and drug addiction. Many of the former residents of Doc's Place still live in the area and assist our current residents through sponsorship and daily interaction.

Each of our residents is viewed as an individual person. Our staff attempts to get to know the personal needs of our residents and we work as a team to meet those needs on an individual basis. Each of our resident's needs is focused on to customize a Recovery Program specific to that individual, so that they may achieve a sober, successful life after leaving Doc's Place.

## **Accommodations**

Our houses are designed to make a resident feel like they are at home. We house two individuals per bedroom. Residents enjoy common areas such as kitchens, game rooms, private yards, and living rooms with Cable TV. Other amenities on our properties include Wi-Fi, Ping-Pong, exercise equipment, and outdoor BBQ patio. We are located close to the beach and several waterfronts. Some outside amenities include volleyball, wakeboarding, fishing, softball, basketball, golf, surfing, kayaking, disc golf, etc. Resident staff members reside in each facility to maintain compliance with the policy and procedures of the Doc's Place Program. Chores and other requirements of each facility are general to group home living. The residents themselves make food choices in Doc's Place held every week at each facility and make a shopping list specific to their needs and wants.

## **Philosophy**

It is the philosophy of Doc's Place Inc., to teach the addicted individual a manner of living through which he remains free of all addictive substances.

It is believed that the addicted individual has some combination of physical, psychological, and social impairment, and the treatment approach should combine an understanding of the total person. The care continuum shall be based on the support of the individual and family during the various phases of recovery and continuing into aftercare. A climate of acceptance and care is promoted at Doc's Place providing an environment where trust and honesty is present between service providers and recipients thereof.

Doc's Place Inc. provides a therapeutic environment for the resident, recognizing and respecting the individuality of each resident and family and enhancing self- respect, dignity, and rights.

Doc's Place Inc. provides an environment for recovery for the residents whose employment and family life are reasonably stable and whose physical and emotional condition will allow them to work on recovery in a residential setting.

The individualized recovery plans are based on the needs of the resident structured and implemented using all available resources.

Inclusive to this concept is liaison between Doc's Place Inc. and other agencies to carry out recovery plans in a consistent and structured manner in support of the resident.

The program directors of Doc's Place Inc. serve and function as the authority for all the program's therapeutic issues.

It is our philosophy to provide continuing education for our staff and to create and maintain an environment conducive to the growth of all personnel. Also recognized is the necessity for determining the needs of the community served for identification, education, and information.

## **DOC'S PLACE POLICIES**

The resident's signature below signifies agreement with the following policies:

1. Upon acceptance into Doc's Place, the resident must commit to a minimum of a six months' length of stay with the understanding that successful completion requires at least one year stay.
2. Upon acceptance into Doc's Place, the resident must pay the total admission fee. This fee must be paid prior to the entry into the program and **will not be refunded under any circumstances.**
3. Resident's grievance policy:
  - A) Resident's with a complaint may request to speak with a director and/or manager at any time.
  - B) Resident's may attend staffing for resolution of grievances.
  - C) Resident's may request resolution and have approval or denial of such request issued by the program director.
4. Abuse of staff or program policy can result in dismissal, this includes-
  - A) Disregard of requests and authority of staff members.
  - B) Failure to follow the guidelines of Doc's Place.
  - C) Behaviors demonstrating a lack of desire or ability to meaningfully and effectively participate in Doc's Place program.
5. Daily work and chore policy:

RESIDENTS NOT PERFORMING CHORES AND NOT ATTENDING WORK CAN BE DISMISSED FROM RESIDENCY AT DOC'S PLACE. THIS IS A WORKING COMMUNITY!

---

Resident's Signature/Date

---

Witness's Signature/Date

## **DOC'S PLACE ADMISSION REQUIREMENTS**

Doc's Place is a yearlong residential program. Each resident shall commit to a minimum of 6 months in the program to gain admission, with the understanding that it is a yearlong commitment to complete said program.

The entry fee of \$3,500.00 is due upon admission into Doc's Place. Entry fee includes the resident's first four weeks (first month) rent, groceries, ALL group therapy fees, and utilities. After the expiration of the initial four-week period, the rent and groceries are \$185 total, paid on a weekly basis, with the utilities being due monthly. (Rent is \$160, Grocery is \$25) Rent and grocery monies are to be paid in advance on this basis, although alternative arrangements may be discussed on an individual basis.

The resident **must** be physically, mentally, emotionally, and behaviorally capable of functioning in a residential setting and must not present a danger to himself or others physically, behaviorally, emotionally, or sexually.

The resident **must** have abstained from alcohol and/or drug use for at least twenty-four hours immediately preceding admission to the program of Doc's Place.

The resident **must** be medically stable. Any individual with ongoing medical problems, including dual diagnoses, may be accepted into Doc's Place provided they are addressing these problems with outside professional help, including medication management. Doc's Place will assist with appropriate referrals, when necessary, but it is solely the resident's responsibility to pay for such professional help.

The resident **must** be employed or actively seeking employment of at least thirty- five hours per week. Doc's Place will aid in seeking employment; however, it is the resident's responsibility to find and maintain suitable employment to meet financial obligations necessary to retain residence in Doc's Place. Any resident on disability or unable to work, must be involved in appropriate activities during the day, such as educational or vocational training, partial day treatment, and/or volunteer work.

## **Rules & Guidelines**

1. **NO DRINKING OR DRUG USE.** Any use of alcohol (including non-alcoholic beer) or mood-altering substance is grounds for immediate dismissal from Doc's Place. Use of any medication, prescription or over the counter, must be approved in advance by the director. No products containing alcohol (mouthwash, cough medicine, etc.) are permitted. **REMEMBER**, you will be responsible for any decision you act upon, so if in doubt, ask first!!!
2. **PERSONAL PROPERTY.** Doc's Place Inc. is not responsible for any personal items or property lost or stolen or any item left after fifteen (15) days by residents who have left the program for any reason.
3. **DRUG SCREENING.** All residents are subject to random drug screens at no cost to the resident. Drug screens "for cause" (curfew violations, unusual behavior, previous positive results, etc.) at the discretion of Doc's Place Inc. staff, may be the financial obligation of the resident in question. **Refusal or failure to comply with a requested drug screen may be construed as a positive result and may result in dismissal from the Doc's Place program.**
4. **VISITORS.** The staff must approve any visitors to Doc's Place residence, in advance. **NO FEMALE VISITORS ARE TO BE ALLOWED IN THE RESIDENCE AT ANYTIME UNLESS APPROVED BY A DIRECTOR.**
5. **BEHAVIOR.** No weapons, illegal activity, violence, threatening or abusive language will be tolerated. Negative behavior or attitudes and non-compliance will not be tolerated and may lead to dismissal from Doc's Place. Conduct that is inappropriate may lead to, but not limited to, dismissal.
6. **MAINTENANCE.** All residents must participate in the upkeep and cleanliness of Doc's Place, and all residents will adhere to weekly chore lists. Reporting maintenance or repairs necessary to daily living is crucial. Post issues on board and alert your house manager promptly.
7. **Smoking is not allowed in residences.** Violations of this policy may result in severe consequences including dismissal.
8. **ELECTRONIC DEVICES.** No resident will be allowed any electronic devices upon the entry of Doc's Place for a minimum of 30 days. A house manager or a director must approve all electronic equipment. Telephones are to be used only for talking with family (after probationary period), work, staff, and in dealing with recovery related issues.



9. **PASSES.** Weekend passes are a privilege and may be applied for after ninety days after entry to Doc's Place. Pass requests must be turned in on Tuesdays and applied for 2 weeks in advance for approval by the Program Director only. First passes must be taken in town and the resident must observe all Doc's Place rules and guidelines. The pass is effective from Friday afternoon to Sunday before 5 pm; this is subject to individual basis.
10. **HONOR SYSTEM.** Residents are required to report any resident who is in violation to rules of the program. Residents who violate the honor system are subject to consequences, including dismissal.
11. **SCHEDULE.** All residents are required to attend at least one twelve step meeting daily, including weekends. Staff will provide residents with approved meetings that they may attend. All residents are required to attend all items presented on the weekly schedule.
12. **CURFEW.** All residents are to be in their respective house by 11:00 p.m. Curfew times may be adjusted on an individual basis at the discretion of the staff.
13. All residents are required to be out of bed by 9:00 a.m. Monday thru Friday and 10:00 a.m. on Saturday and Sunday.
14. **RELATIONSHIPS.** Sexual relations are strictly prohibited in Doc's Place for residents within the first year. This includes all new relationships of a sexual nature, male or female.
15. **ALL RESIDENTS** live in the residence at the sole discretion of Doc's Place, Inc. and agree to vacate the property immediately if directed to do so by staff. All monies paid to Doc's Place, Inc. are fees for services rendered.

*\*All rules & guidelines are subject to change at the discretion of the Program Director.*

*By signing I agree that I have read and understand the rules of Doc's Place listed above:*

*Print Name:*

*Signature:*

*Date:*

*Witness:*