

PT BY DIRECT DEBIT TERMS AND CONDITIONS

Overview

Our PT by Direct Debit packages give you a set number of personal training sessions to use each month. These bolt-on packages offer a lower cost per session compared to standard pay-as-you-go prices, helping you stay committed to your training while saving money.

Payment

A minimum of 3 monthly payments is required on all PT by Direct Debit subscriptions.

After the minimum term is completed, the subscription will continue on a monthly rolling basis.

Your account will be credited on or just after the **1st of each month by Direct Debit for your chosen plan.**

Your account will be credited with your selected number of sessions on the **1st of each month.**

If you'd like extra sessions before the 1st or at any point during the month, you can purchase additional sessions at the same rate as your package.

Top-up sessions are only available with an active PT by Direct Debit subscription.

All payments must be made through our system so we can correctly credit your sessions and allow you to book.

Sessions & Usage

All PT sessions are **60 minutes** and will be booked into available slots assigned by the Head Coach.

Each session uses **1 credit**. When your credits run out, you can either wait for your next monthly allocation or buy top-up credits.

If you cancel within the acceptable timeframe (see Cancellation section), your session credit will be returned.

Sessions are non-transferable unless approved in advance by the gym management team.

Recurring Payment

Your subscription payment will recur automatically on the **1st of each month** until you choose to cancel or in line with your membership cancellation.

Session credits **do not roll over** to the following month.

Please review our cancellation terms to avoid any issues with unused sessions.

Cancellation

A **minimum of 1 month's notice** is required to cancel your PT subscription. You can do this via the member portal or at the front desk.

Cancelling your PT by Direct Debit does **not** affect your main gym membership.

Session cancellations must be made **at least 6 hours** before the scheduled start time. Late cancellations may be charged at the discretion of the Head Coach. If you need to cancel, please get in touch as soon as possible.

No Shows

A no-show (not informing a Head Coach that you won't be attending) will be charged at the full session rate and the session credit will be forfeited.

Repeated no-shows may result in your account being blocked from making future PT bookings.