

Let's talk about health literacy this April

Click on the link in each date to access resources.

Videos and podcasts

Learning and information for
health practitioners and
community centres

Health literacy information for
everyone

Research

Teaching & Learning Resources

Contact 

Click on the link below

If you have any questions about
the content or links in this
calendar please contact your
local Regional Literacy
Coordinator.

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06    Health literacy in General Practice	07   Know your health numbers	08  HSE plain language guidelines	09  My health, my voice - useful questions to ask	10   Health and well-being 	11  The Parenting Platform: Raising healthy children	12   Ask me 3 
13   Preparing for your health appointment - HSE	14   Food for thought - easy read guide to healthy eating	15  Well Now: a tutor guide to deliver health literacy - NALA	16  Health information from Citizens Information	17    Talking health and wellbeing - HSE podcast	18   Getting health information and support between appointments	19   Balancing Stress is the HSE's free programme
20    Let's talk about health literacy for everyone	21  Health promotion publications - HSE	22   Let's talk about a literacy friendly approach for practitioners	23   Getting the most from your health appointment	24   How Healthcare Professionals can improve the hospital experience for adults with Down syndrome	25    Let's talk about plain language	26  Health information calendar - HSE
27     Stages of Change	28     Ted Talk 	29    A conversation with your health practitioners	30    Unclear terminology and teach back	 Health literacy for healthy living		