



Digital Skills Pathway

Try. Learn. Connect



Name



gretb

Bord Oideachais agus Oiliúna
na Gaillimhe agus Ros Comáin
Galway and Roscommon
Education and Training Board



DAT

Digital and Accessible Technology

SOLAS
learning works

Self-rating score

"I don't use technology yet"	"I'm starting to learn"	"I can do some things on my own"	"I use technology often"	"I'm confident using technology"
				

Access needs

Technology I use

Please tick all the technology you use

Phone and iPad skills

What do you find hard to do? Tick the correct box for each task.

				
	Turn on my device			
	Turn off my device			

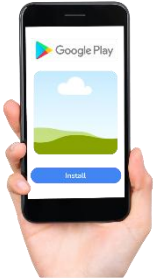
		  
	Swipe across a touch screen (move to the next page or scroll down)	
	Turn volume up/ down on my device	
	Tap a touch screen (or select an item)	

				
	Hold my device			
	Go to the home page			
	<i>Something else...</i>			

				
	Use a touch screen Keyboard			
	Send a text			
	Dial a phone number			

		  
	Make a phone call	
	Answer a phone call	
	Send a voice note	

				
	Unlock my device			
	Listen to music or watch a video			
	<i>Something else...</i>			

		  
	Search the internet	
	Download new apps	
	Use Social Media	

		  
	Use my voice to type text messages	
	Use internet banking	
	Set an alarm	

		  
	Use the calendar app	
	Use the reminders app	
	Make a video call	

		  
	Send an email	
	Change the settings to make it easier to use	
	Control things around my home	



Something else...

Is there anything on that list that you find hard to do? Write down three of the hard things.

1.			
Would you like to be able to do this?			

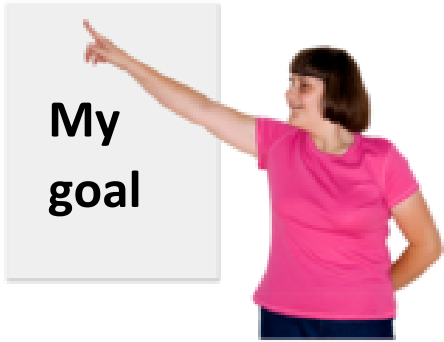
2.			
Would you like to be able to do this?			

3.			
Would you like to be able to do this?			

My goal

Pick one of the things you find hard to do. This is going to be your first goal. It should be something you want to be able to do.

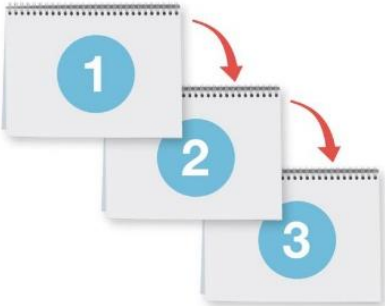
What do I want to be able to do?



What will I need?



Our action plan:

Next steps 	Who will help me? 
<i>Example: I will borrow an OrCam from the DAT Library</i>	<i>Example: My keyworker</i>
1.	
2.	
3.	