

PROSTATE CANCER

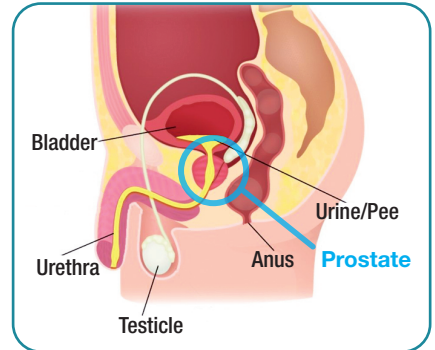
What is the prostate?

The prostate is a gland located just below the bladder in men.

The prostate helps to make semen.

It is normally about the size of a golf ball and gets bigger as you get older.

The tube (urethra) that carries urine/pee from the bladder out of the body passes through the prostate.



Prostate Cancer

Prostate cancer is one of the most common cancers for men in Ireland.

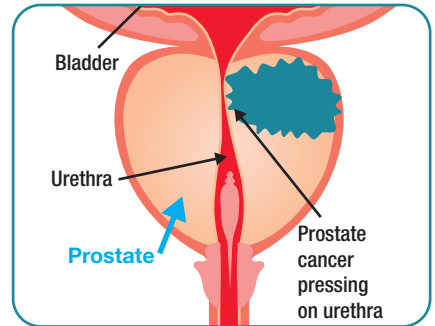
Often prostate cancers are slow growing but some can grow faster.

Most cases of prostate cancer do not need any treatment.

The ones that need treatment can be treated successfully especially when the cancer is found early.

Survival rates for prostate cancer are high.

In the earlier stages, prostate cancer may have no symptoms.



As the cancer gets bigger, it can press on the tube (urethra) coming from the bladder that brings pee out of the body.

This can cause symptoms affecting peeing.

What increases your risk of Prostate Cancer?

Age:

The risk of prostate cancer increases as you get older. Prostate cancer is more common in men aged 50 years and older.



Family History:

Your risk increases if you have a family member that have/had prostate cancer (your father or brother).

Your risk also increases if your mother or sister have/had a specific type of Breast Cancer (caused by inherited genes).



Prostate Cancer: *Know the Signs*

Contact your doctor if you have any of the following symptoms:



Peeing more often than usual



Getting up during the night to pee



Finding it difficult to pee



Finding that there is a weaker flow to your pee



Feeling like you have not emptied your bladder fully



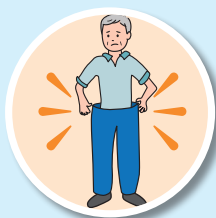
Feeling like you are straining to empty your bladder



Blood in your urine or semen



Unexplained back pain or bone pain



Weight loss without trying to lose weight



Feeling tired all of the time - more than is normal for you

Most people with these symptoms will not have Prostate Cancer but it is still important to talk to your doctor and check them out.