

LUNG CANCER

Lung cancer is one of the most common cancers in both men and women. 9 out of 10 lung cancers happen in people aged over 50 years.

What increases your risk of Lung Cancer?

Tobacco

People who smoke, used to smoke or second hand smokers are at a higher risk.

Air pollution

Air pollution can increase your risk of lung cancer.

Chronic Obstructive Pulmonary Disease

If you have COPD you are at a higher risk of Lung Cancer.



Increased
risk of Lung
Cancer



Family History

You are at a higher risk if you have a parent, brother or sister who has/had lung cancer.



Workplace

Some workplaces can involve cancer causing substances such as asbestos, arsenic and silica.

Radon

Radon is natural occurring substance but can increase your risk if you are in high levels of radon for a long time.



Cancer treatment and survival are better than ever - especially when Lung Cancer is found early.

Lung Cancer: *Know the Signs*

Contact your doctor if you have any of the following symptoms:



A new cough, lasting for more than 3 week.



A change to your usual cough.



Breathlessness more than is normal for you.



Coughing up blood.



Unexplained chest pain.



Chest infections that keep coming back.



Loss of appetite.



Feeling tired all the time, more than is normal for you.



Losing weight without trying



Most people with these symptoms will not have Lung Cancer but it is still important to talk to your doctor and check them out.