### **About Relationships Australia WA**

For over 60 years Relationships Australia WA has been providing relationship support services for individuals, couples, families and communities.

We are a non-profit community service organisation with no religious affiliations. We tailor our services to your needs, to support you through times of challenge and change.

Our Senior Relationship Services support older people and their families to develop and maintain strong, healthy relationships that are promoted and valued. We provide a range of specialised services across Western Australia including:

- Counselling specialised support for older people and their families with ageing-related issues
- Peel Senior Relationship Service case management & mediation support for those residing in the Peel region
- Find & Connect for Forgotten Australians & Child Migrants
- Forced Adoption Support Service for anyone affected by forced adoption
- Redress supporting people who are thinking about making an application for the National Redress Scheme
- Education Services one-night seminars and longer courses on a variety of topics

## Making an appointment

No referral is required, but waiting times for an appointment can vary according to the current level of demand and your availability.

### How to contact us

To find out more:

call 6164 0173

 $email\ peelsrs @relationshipswa.org. au$ 

visit www.relationshipswa.org.au

### **Address**

Relationships Australia WA 7 Cooper St Mandurah WA 6210

Relationships Australia.
WESTERN AUSTRALIA

www.relationshipswa.org.au





# About Peel Senior Relationship Service



The Peel Senior Relationship Service is a case management and mediation service supporting older people and their families residing in the Peel region to find solutions to ageing-related issues. Support can help to:

- prevent or resolve family conflict
- facilitate difficult conversations
- plan for the future (including medical, health, financial or living arrangements)
- make decisions that protect the interests, rights and safety of the older person
- reduce the risk of elder abuse, including emotional and financial abuse

Attending the Senior Relationship Service is voluntary and confidential.

You can attend the services on your own, with your partner, a carer or advocate, as a family, or your children or parent(s) can come by themselves.

## What is case management?

Case management supports a person to assess immediate, short and long term needs and develop a plan to achieve goals. The plan considers an older person's capacity, current relationships and any other significant issues.

Our case managers help people to access appropriate support, ensure adequate progress and advocate on an older person's behalf where appropriate.

## Why mediation?

Mediation can be used in the early stages of family conflict or to resolve specific ageing-related disputes such as financial concerns, planning for the future or legal issues.

Mediation helps to resolve disputes, build trust and reconcile the interests of parties, helping to sustain healthy family relationships.

In many cases, early intervention with case management support can mean mediation may not be required.

The decisions you make are not legally binding. If you would like to put your arrangements in writing, your practitioner can assist you.

### **Our staff**

Our Senior Relationship Service team have professional qualifications and experience in social work, psychology, mediation, law and/or counselling.

Staff providing services receive professional supervision and ongoing specialist training in the area of elder abuse and ageing-related issues. They are also trained in elder mediation and specialised counselling.

### **Free support**

This service is provided at no cost as part of the Federal Government's National Plan to Respond to the Abuse of Older Australians.

Relationships Australia WA has been selected to deliver case management and mediation support to older people and their families residing in the Peel region.

