



Residential Aged Care- <https://www.dailycare.com.au/>

What is residential aged care?

Residential aged care offers social and nursing support to people with a wide range of interests and abilities 24hrs a day. From social outings and gatherings through to end-of-life care, residential aged care offers permanent, personal round-the-clock care.

Who is residential aged care for?

Residential aged care is for senior Australians who can no longer live independently at home. The Australian Government funds residential aged care to make it more affordable and accessible.

What is the criteria for residential care?

Eligibility is based on need, determined through a face-to-face assessment., you must be unable to live independently at home and can be either: an older person. a younger person with a disability, dementia or other special care needs not met through other specialist services.

How much will it cost?

Depending on your circumstances, you can choose to pay by RAD: Refundable Accommodation Deposit; a government-guaranteed, one-off lump-sum payment that is largely returned when you leave. DAP: Daily Accommodation Payment, for daily living costs such as food and lodging. Or a combination of RAD and DAP.

How does residential aged care work?

Many aged care homes have waiting lists. When vacancies become available, they are allocated according to care requirements, urgency, time spent on the waiting list and suitability.

If you land a place in an aged care home, it's important to be organised. Click below for what you need to include.

What can an aged care home provide?

Residential aged care homes offer you a certain level of care, covered by the fees you have agreed to pay.

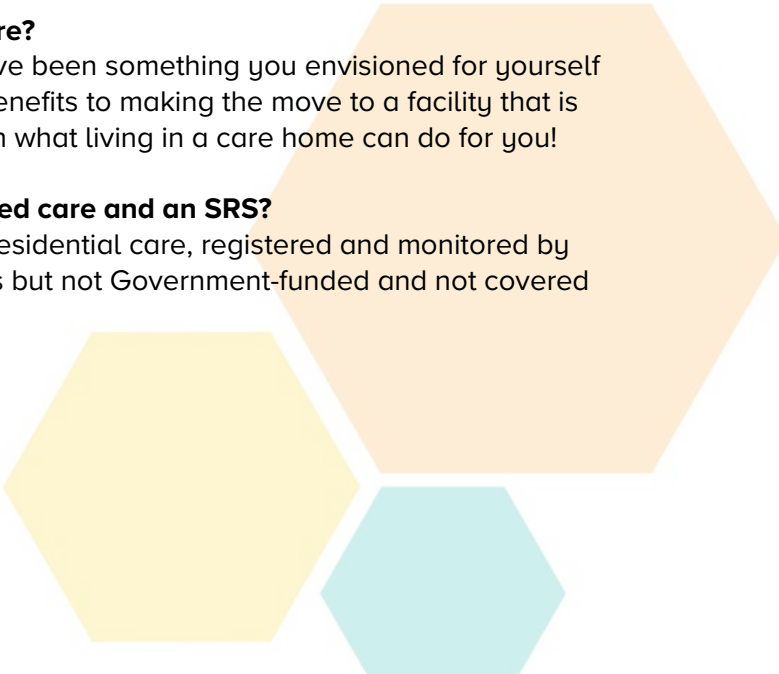
Some of the services are known as 'hotel services', which gives you a good idea of what to expect. Personal care is also included. Some residents need additional support, which may attract an extra fee.

What are the benefits for residential aged care?

While living in an aged care home may not have been something you envisioned for yourself or for your loved ones, there are some huge benefits to making the move to a facility that is all about making life easy. Here we go through what living in a care home can do for you!

What's the difference between residential aged care and an SRS?

An SRS/ SRF is a private-sector alternative to residential care, registered and monitored by the Department of Health and Human Services but not Government-funded and not covered by the 1997 Aged Care Act.



Steps to take to enter Residential Aged Care

1. Decide Residential Aged Care is right for you.

An aged care home (sometimes known as a nursing home or residential aged care facility) is for older people who can no longer live at home and need ongoing help with everyday tasks or health care.

2. Get assessed

To qualify for care in an aged care home, you'll first need an Aged Care Assessment- a simple process where health professionals ask you about your health needs. The assessment will determine whether you qualify for a Home Care Package, and what your care needs are.

Your free assessment will be carried out by an Aged Care Assessment Team (ACAT); usually a nurse, social worker, or another health professional.

Call My Aged Care on 1800 200 422 to arrange it.

3. Work out the costs

If you are eligible, you are expected to contribute to the cost of your accommodation and care if you can afford to do so. You may be asked to pay a basic daily fee covering daily living costs such as meals, power and laundry and/or a means tested care fee. DHHS will tell you if you need to pay this fee and the amount will be based on your income and asset assessment. If you choose a higher standard of accommodation or additional services, you may need to pay extra fees for the additional services.

You will need an income and assets assessment to work out if you are eligible for government assistance with your accommodation costs and if you need to pay a means-tested care fee. How much you pay depends on the result of this income and assets assessment. To apply for your income and assets assessment call DHHS on 1800 227 475.

4. Find an aged care home

For many, choosing an aged care home comes down to budget. But even if a home has higher fees than you can afford, there might be room to negotiate. So rather than just cost, start by thinking about what you need from your new home:

Do you like the location?

Does it provide services you need or value?

Will the room suit your personal and health needs?

Use our DailyCare search to find all homes in your area and if you find a home that ticks your most important boxes, and the cost is in the ballpark of your budget, it's good to arrange a visit.

5. Apply to an aged care home and accept an offer

Many aged care homes have waiting lists. When vacancies become available, they are allocated according to care requirements, urgency, time spent on the waiting list and suitability. You can be on the waiting list at more than one residential aged care home,

although you will usually need to decide whether to accept a place immediately it is offered, so only register interest if you would be happy to live there.

6. Enter into agreements with your aged care home

If you accept an offer, you'll need to sign a legally binding contract called a Resident Agreement. If you are paying all or part of the cost of care, you will also need to sign an Accommodation Agreement. Don't feel pressure to sign these documents. You can sign the Resident Agreement after you've moved in whenever you are comfortable with the details. You have 28 days after you move in to sign the Accommodation Agreement; plenty of time to show it to family, financial advisors and other trusted people before you sign.

7. Manage your care and services

You can keep your own doctor, dentist or specialist. Your aged care home must help you make appointments and access doctors or specialists of your choice if needed.

If you want to go on a holiday or visit family and friends you can use up to 52 nights of social leave from your aged care home in a financial year.

If you are satisfied with your aged care home but want to change rooms, you can ask the manager of your home. You may need to negotiate a new accommodation agreement and accommodation price.

If you are unhappy about the care or services you receive, you have the right to raise your concerns. If the complaint can't be resolved by the service provider, or you don't feel comfortable raising your concern with them, you can raise your concern with the Aged Care Complaints Commissioner. This is a free service and you can contact them on 1800 550 552.

