

#### **Annual Fashion Show**



Our Annual Fashion Show was held in April. With the help of Jan Le Noury, our fantastic models, Land of Green Ginger, Kerry from the White Room Beauty, Reuben Hale and Sam Thompson Photography, it was a huge success.

#### **Tower to Tower**

Another successful Tower to Tower Walk/Run this year and the weather was kind to us again.

Approximately 300 people took part with HSBC sponsoring the event.





## Clive Myrie Charity Dinner

The BBC's Clive Myrie supported us at our Charity Dinner in March last year.

Skipton International sponsored the event, helping us raise awareness of the Charity.

"It was a wonderful evening and I thoroughly enjoyed the whole event. Well done."

### **Charity Golf Day**

We were lucky enough to have Rugby star, Kyran Bracken join us for our Charity Golf Day last year, kindly sponsored by HFL and held at the Royal Guernsey Golf Club.. A great day was had by all, despite the weather!



We are looking forward to this year's Charity Golf Day on Friday, 5th July 2024.



#### **Aztech Soccer**

Former Premier League Footballer and Soccer AM star Jimmy Bullard spent the day and evening with us. The event was kindly sponsored by Aztech

Soccer. Children were invited to come along and play some football, with Jimmy hosting a Q&A session in the evening, thanks to Rob Jones and his Team and HFL for their help with sponsoring the evening arrival drinks!



## **Annual Flag Day**

We are very grateful to all the establishments for allowing us to collect at their sites for our Flag Day last year. Many funds were raised across the Island and we were lucky to add Footes Lane to our list of venues, where people kindly donated whilst attending the Muratti.



## Garden Party & BBQ

Stephen Collas and Stephen Ainsworth kindly hosted a Garden Party Weekend again at the end of July last year.



All enjoyed a champagne reception, listening to live entertainment from The Button Pushers on the Saturday and a BBQ and jazz music from Alan West and his band on the Sunday.

## **Sitting Services**

Our sitters are currently supporting up to 40 carers in the community, allowing them vital respite.

We receive referrals from the Older Adult Mental Health Team, Social Workers, Doctors and self referrals.

The carers support that we introduced last year, has been well received by those we are supporting.

#### **Our New Patron**

We were pleased to announce that Mrs Louise Cripwell, the wife of the Lieutenant Governor, agreed to accept the role of Patron of the Charity last year, which was announced at one of our Wednesday Carer's Support Group afternoons.



Everyone that attended had the opportunity to talk with her and .enjoyed the afternoon.

#### **Puffin Parade**

We were pleased to be offered the opportunity to take part in Autism Guernsey's Paint a Puffin. Both the carer and those with dementia gained so much from the creative process, and the name 'Buroo' was given by our Sponsors Gower Financial Services.





#### **Activites at the Centre**



We continue with our program of activities at the Centre. On Monday afternoon we hold a social afternoon of games, with a Wednesday afternoon offering a variety of activities and speakers. The Admiral Nurses and the Older Adult Mental Health Team regularly attend this group. On Alternate Fridays, with the help of Alan West and Cathy Gill we hold Singing Down Memory Lane. Our Monthly Lunch still proves to be popular and our thanks go to Micky Boot for providing fantastic meals.





#### **Golf For Dementia**

During the Summer months, we play golf at the Royal Guernsey Golf Club every Tuesday afternoon. With the help of Phil, Ronnie and Harrison, the golf

pros, those attending enjoy an hour of driving and putting, culminating in a mini tournament which is enjoyed by everyone

## Sailing with Guernsey Sailing Trust





The Guernsey Sailing Trust took on the challenge of getting us on the water last year, and it has been a great success. Those that have loved sailing in the past, enjoyed being on the water again. We will be running these sessions this year when the weather improves.

### Boccia

During the last month we have been lucky enough to play Boccia, a game that could be described similar to Petanque, but using leather balls. Those that



have tried it, love it! Thank you to Guernsey Mobility and Aztech Soccer for helping us run these sessions.



## Chairman's Message

2023 has witnessed a pleasing trend of increasing activity, improved fundraising, more people visiting our Centre and participating in and benefiting from our services. Through the effort of a great staff team, a very willing and able team of volunteers and not least our force of sitters, the GAA has achieved more than ever before. We continue to thrive and grow. Demand from the community for our help shows that we are an essential Guernsey charity and do fulfil a valuable task at a time of increasing need.

We had a fantastic year of fundraising, as you can see from the Newsletter and achieved a record sum.

More organisations than ever before have supported the Charity and assisted us in our work. We must be proud that we are so highly regarded that busy firms with many problems of their own can give us their time, and money and even help us sponsor events. It's on account of all of you who contribute to the GAA that we have engendered recognition and deserving status from the business and civil community. ALL WELL DONE!!

Our peers in the charity do also recognise us, especially those who meet in The Network Group, a GAA inspired joint working group, arising from the COVID lockdown months. In this group we can all share information and resources and ensure that we avoid duplication of effort and expense. Julie Thompson has led on this from the beginning and we now have 27 members and interest from others to join in. We have also captured the eye and the ear of government so our effectiveness in 2024 should be HUGE! Let's get excited!!

Stephen.

#### Friends of the GAA

I am very pleased to contribute to the Association's Annual Newsletter and to tell you of the progress made during 2023. Our sole purpose is to support the Association in any way we can and it is your subscriptions and donations from our 93 members which enable us to do this.

During the year we provided £8,000 to help fund the sitters service. At the same time £450 was given towards the cost of a fine new television which can be used to illustrate talks and entertain our guests.

After thirteen happy years I retired as Treasurer of the Friends on 31st December and handed over to Jo Leach, who has kindly agreed to carry on. She is a valued member of the team and I am sure that you will soon notice a new and livelier approach.

I would like to thank Rosemary Naftel who has once again kindly audited our books and finally thank you all for your steady support for the Friends and the Association.



## A Big Thank you

We would like to say a big thank you to the organisations below who supported us last year, providing not only sponsorship, but holding their own events to raise monies. An '80's Night, Bake Offs, Quiz Nights, and other community events took place. Staff working Corporate Social Responsibility hours were a great help at some of our weekly activities.

HFL
Praxis
GTA
Guernsey Together
Langham Hall
Triumph Club
HSBC
Aztech Soccer
Skipton
Gower
Close Finance

AFM
Travel Corporation
Friends of the GAA
Nashcopy for the printing
And the many individuals who
have donated over the year.

## 2024 Fundraising Events

Mark your calendars! Here are some events you might not want to miss!

- Thursday, 21st March: Quiz Night.
- Friday, 19th April: Fashion Show.
- Saturday, 11th May: Flag Day!
- Friday, 5th July: Enroll your teams for the Golf Day!
- Sat, 27th July & Sun, 28th July: Garden Parties.
- Sunday, 18th August: Get ready for the Tower to Tower Walk/Run!

Look out for other fundraising dates on our Facebook page or on our Website.

### Thank you from the Team!

We really appreciate your continued support, attending all of the events that we hold and especially to our volunteers who make the Charity what it is today.

Lots of other fundraising efforts have took place throughout the year and we want to say a big thank you to those people too.

Julie, Ness & Jo

